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diplomierten Therapeutinnen
und Therapeuten der
Esogetischen Medizin/
Farbpunktur nach Peter Mandel

IAEC – International Association
of Esogetic Colorpuncture

in collaboration mit
ESOGETICS GmbH

ESOGETIC LETTERS

Change of Times

Esogetic Letter Special Edition

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The greatest care has been taken in the composition of this document with regard to the accuracy of the information contained herein.

Many of our therapeutic procedures and their effects are based exclusively on the empirical knowledge of naturopathy. Medical diagnoses and courses of treatment, especially treatment methods and their effects, are highly individual and different. For this reason, a successful treatment cannot be foreseen or guaranteed. As a precautionary measure, we therefore point out that we make this clear in the content we present with the help of the subjunctive. The word "may" therefore indicates, in the sense of an assumption or presumption, a mere possibility, the existence of which is uncertain and can be described as "perhaps" or "possibly". We therefore point out that, with regard to a possible success of treatment and the suitability of a therapy, these terms should not be understood in the sense of a promise of healing.

Please always keep in mind that certain diseases and strains are less or not suitable for self-treatment. We would like to expressly point out that before self-treatment with our products, especially in the home environment, it is advisable to consult your doctor or alternative practitioner. The author and publisher of this brochure are in no way liable for damages or consequences arising from the use of this brochure.

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Once again the Earth, which is the home of humanity, is disappearing in a vortex of “evil” and thus fear.

Suddenly there is a change of times that we would not have been able to anticipate in this form.

It is not only the fear of an escalating war, which the “evil” (in the embodiment of an insane person) is bringing into the world at this moment. It is also the fueling of fear in general, which has always been an instrument of the “rulers”, because they are convinced that the populace has to follow their ludicrous opinions.

These people have the goal to achieve absolute power, and we should ask ourselves “to what purpose?”

All human beings are mortal and one cannot shake the impression that many folks (politicians, oligarchs, religious leaders and others) have forgotten this absolute truth.

Let us just recall the “fueling of the panic” these last couple of years, which has been triggered through the so-called Covid pandemic. It has tremendously damaged our children and that keeps going.

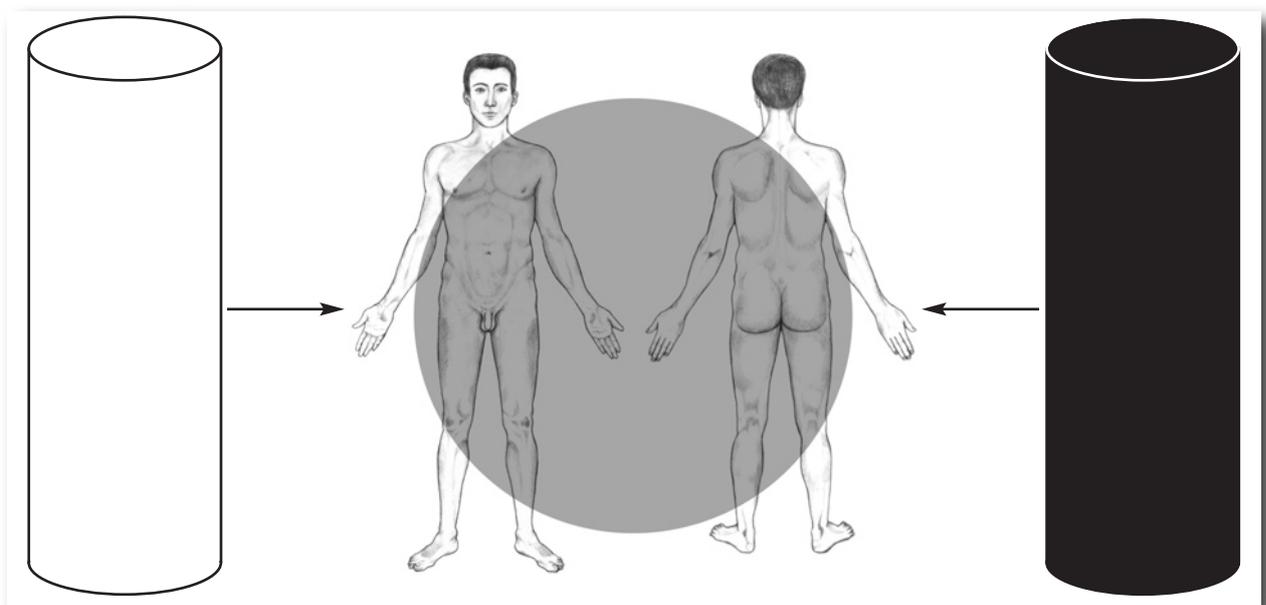
Or as previously mentioned the fear of war, which keeps spreading due to the unfortunate events in the Ukraine.

Let us also keep in mind the fear that has been experienced and carried along from childhood. These old memories are being touched and churned up through the outer confrontation.

The two ancient pillars of life are also called the “Pillars of Solomon”. They are representing the absolute polarities of life.

Life in the way I am talking about it is moving between these two poles of fear and love.

The following symbolism is important to have a look at:



Love corresponds to the “indivisible white” and thus light. Fear corresponds to the “indivisible black” and thus darkness.

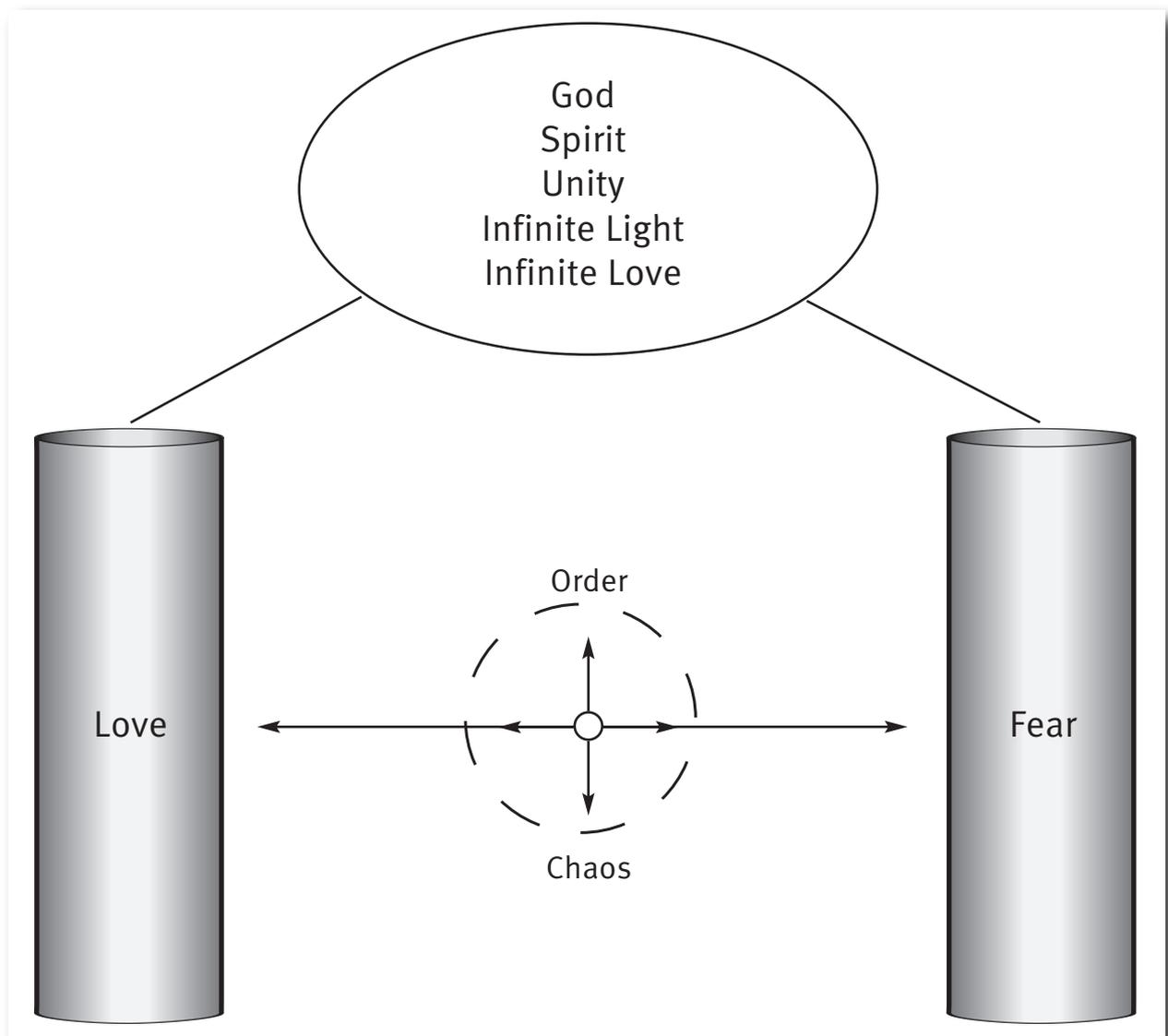
These two are the fabric that the world has been made of. The human being stands between the pillars as the “product of love and fear”.

When the “indivisible white” is touching the “indivisible black”, the “original gray” is the result, and it gives rise to this dimension and thus life.

“Being in the middle”, “to find ones middle” or “to center” is the recommendation of many life coaches. They knew that an excess of love is generating an excess of fear and reverse-ly.

To have a seat in the middle of the swing of life and to assert oneself is the task that we polar beings are confronted with and it is quite difficult.

I believe that we are carrying the trinity of **unity, love and fear** within.



The terms “love” and “fear” correspond to the polar terms “light” and “darkness”, “plus” and “minus”. “Yin” and “Yang” and others. They are symbols or images within an individual’s living space.

We are talking about love or fear, yet everybody has a completely different interpretation. As symbols these terms are representing the absolute pillars of life. On one hand the “burning love” and on the “freezing in the coldness of fear”. Putting the feelings and emotions aside, which love and fear are evoking in a person, we can make a brief list of the qualities of the two poles.

LOVE:

The absolute cosmic energy that carries the Spirit/God. The infinite Light, also called “God’s Love”.

There different terms to organize the concept of “love”: Neighborly love, marital love, fondness of children and more. Many people have written about love - or have rather paraphrased it - like Paulus in his first letter to the Corinthians 13:1:

“If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal... And now these three remain: faith, hope and love. But the greatest of these is love.”

Love is suppressed by fear.

FEAR:

Again: Love is more than fear.

The belief in love creates the world, fear destroys it.

Fear is the separation from the original trust, and it is representing the polarity to love. Fear closes the door to one’s own heart, one’s own love. If there is fear, love cannot be reflected. Fear generates

rage – wrath – violence – intolerance – killing.

Fear is not exclusively negative, just as the term “love” is not always positive. When we say that there is “light in the darkness”, then there is love within the fear in this world and vice versa.

Of course there are many ways, in which we modern people can be triggered into terror and panic. We have been increasingly observing this type of stress in our patients in the most diverse ailments, and I believe that the often encountered resistance to therapy in some severely ill individuals may have its origin here.



The extensive therapeutic tool chest of Esogetic Medicine offers so many options to resolve the sometimes strongly fixed blockages of fear.

No matter whether we feel healthy or are sick, the following treatments may be used time and again.

In this time in which we have to live, there is so much that is sublime and beautiful, and we should remember that again.

My Esogetic Medicine has many tried protocols that may be used in fear syndromes, but also when we are sensing deep anxiety in regard to the world that surrounds us.

This protocol is based on the Esogetic pain clock. Afterwards I shall introduce an application, which is able to activate the opposite of fear in us, “openness and expansion” and thus “love”.

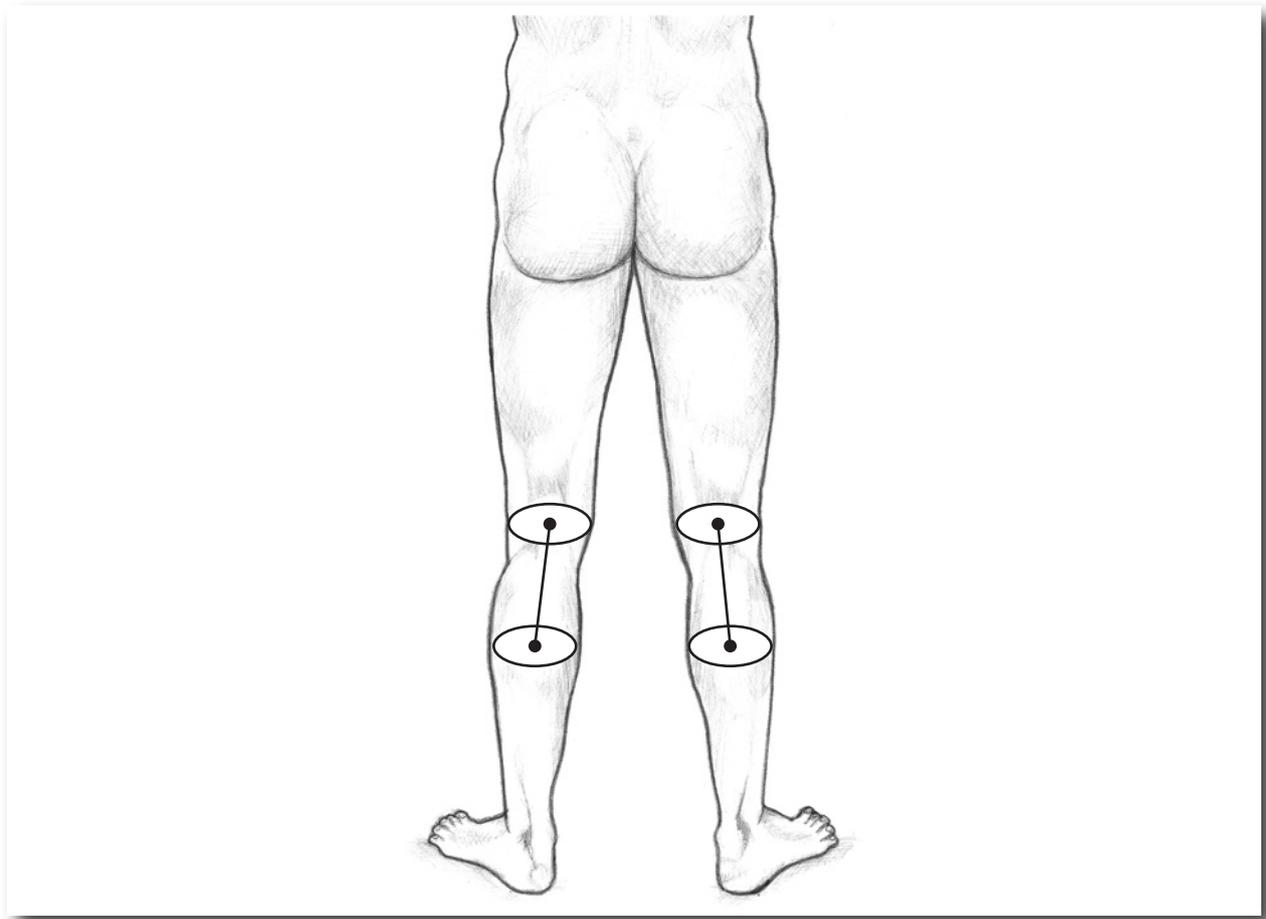
We have to consider three levels of the pain clock.

The following diagrams will make that more clear.



1. TREATMENT WITH THE ESOGETIC WILDCRAFTED HERBAL OIL^{RELAX}

We know a few special zones, which are connected to fear, let me show you.

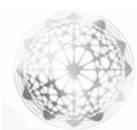


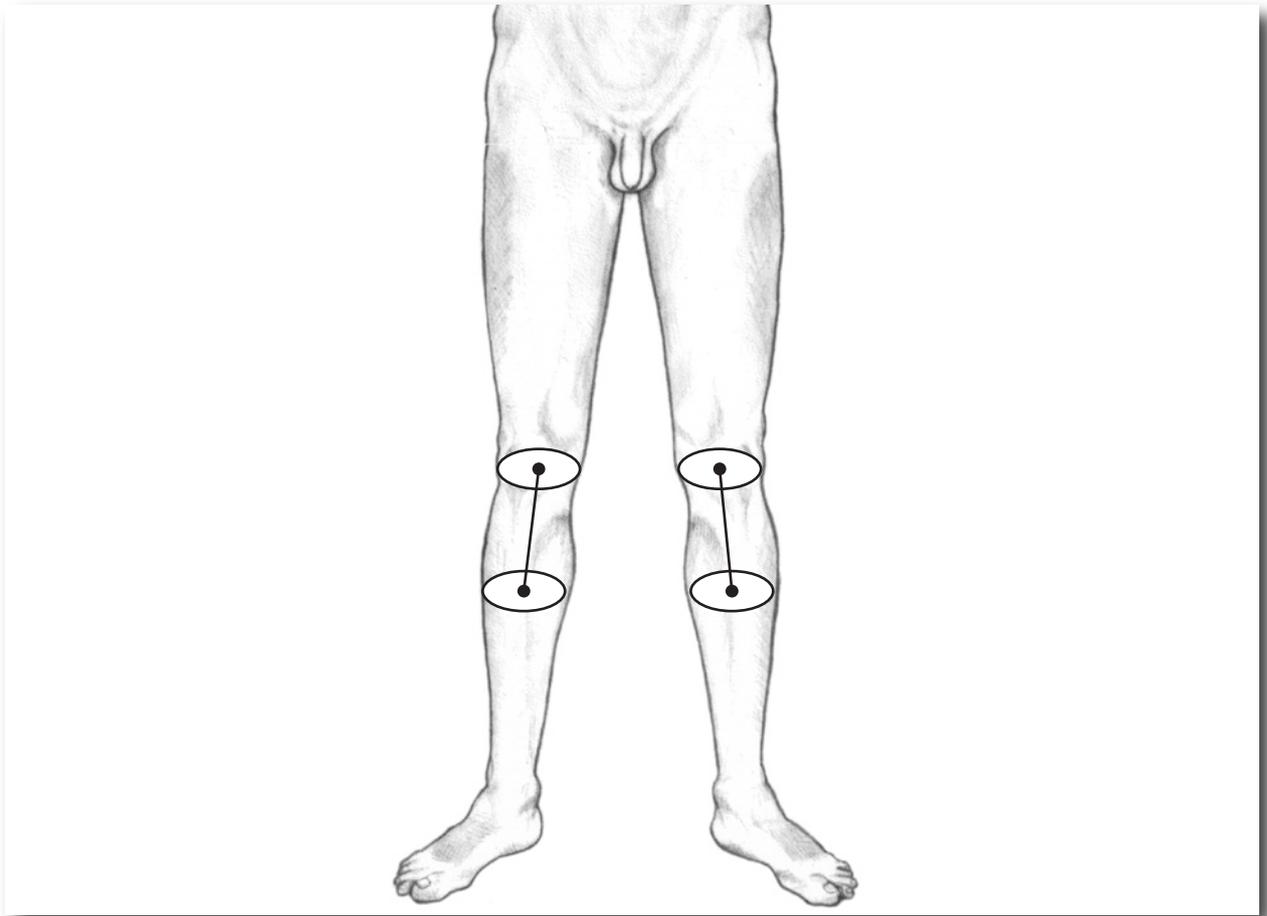
From the middle of the calf upwards towards the back of the knee is the “Line of Fear”. We have discovered that the lower ellipse in the middle of the calf represents the zone of existence and the upper one at the knee is a reflex for the zone of fear. At our office we are treating with Colorpuncture and acupuncture. For self-treatment at home, we teach the patients the location of these four zones.

In the evening before going to sleep they are briefly brushed, and then we apply 2 -3 drops of Esogetic Wildcrafted herbal oil^{relax} to each of them.

Sometimes this leads to spontaneous relaxation and during the night the dream process intensifies.

These zones are treated daily in alternation with their opposites.





The zones in the back have an exact reflection in the front, and they show up in the middle of the lower leg and at the kneecap.

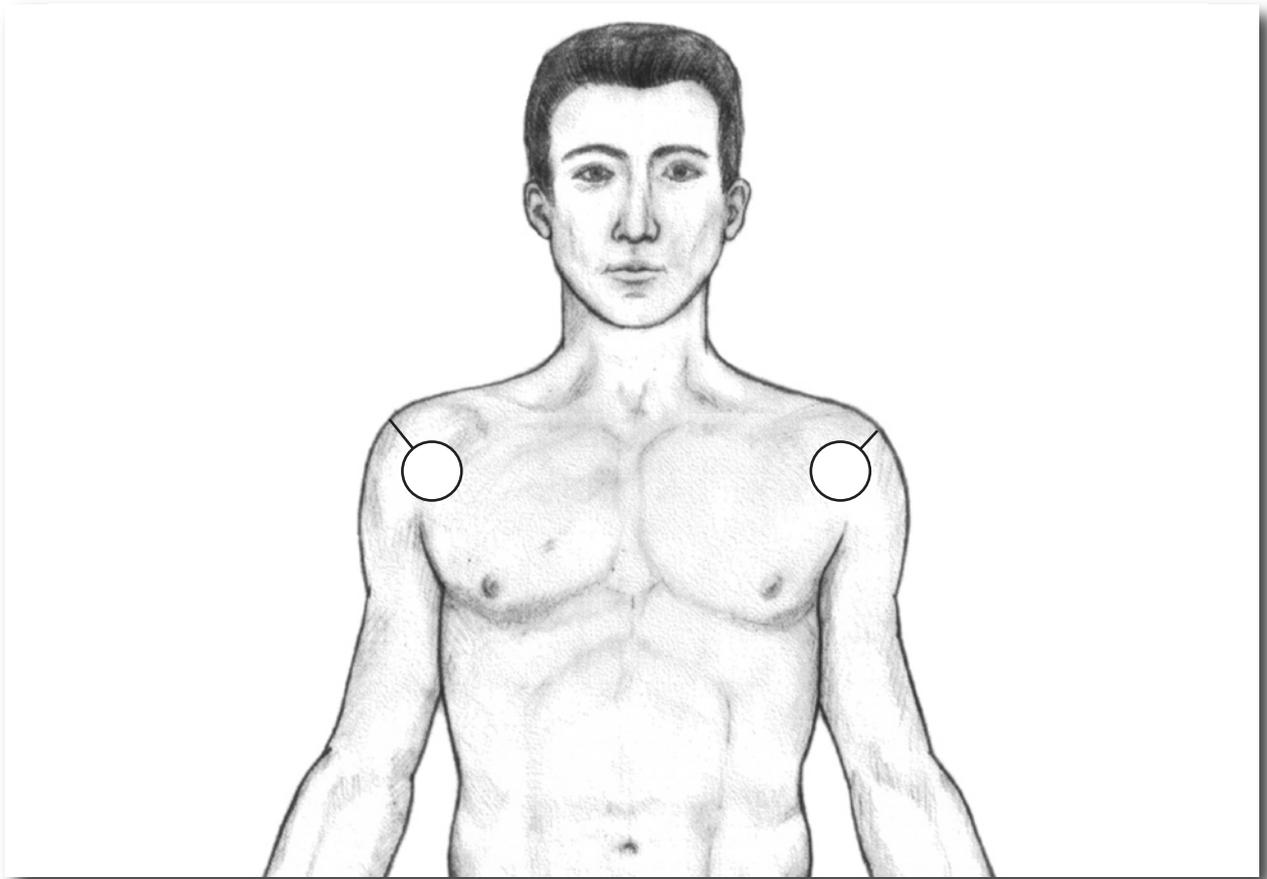
The line is called the Line of Freedom.

In alternation with the zones in the back they are briefly brushed in the evening before going to sleep, and then we apply 2 -3 drops of Wildcrafted herbal oil relax to each of them.

Then it is combined with a zone that we call the Zone of Fear.



THE ZONE OF FEAR



This zone is located by palpating obliquely from the shoulder joint downwards towards the front of the rounded area of the shoulder. There often is a painful point. The diagram shows how that is also brushed generously, and then intensely treated with 2 -3 drops of the Esogetic Wildcrafted herbal oil^{relax}.

That also stimulates the dream process. Dreams are generated in the so-called REM phases of sleep, and they facilitate the regeneration of the nervous system and brain.



There is another marvelous self-treatment method that I want to show you, which I have established in 1986. I do not know how I would manage in my practice in so many patients without it.

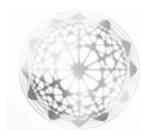
It is the induction of normal brainwaves through the skin. Induction is no stimulation, but rather persuades the brain gently to take over the preset rhythm. Meanwhile we are prescribing a large number of programs for our patients; covering stress, insomnia, degenerations and other ailments.



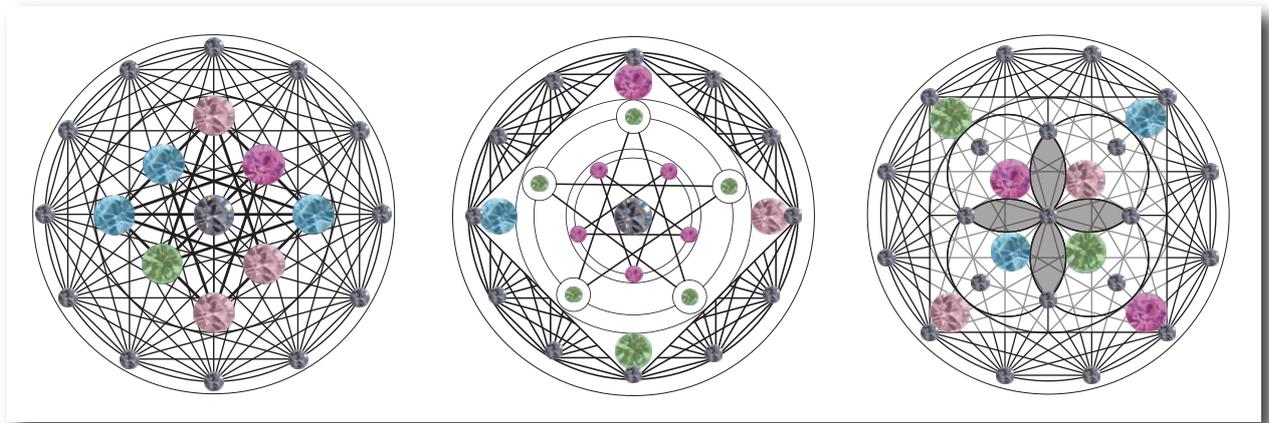
The fear scenario may be addressed by many programs. I am thinking of the programs Rest 1 and 2, Power Nap, Gamma 40 or the Children Programs 1 + 2, which we are using, when we can see fear syndromes in a patient's past that reach back to childhood.

The Sleep program or the Dream program would also be helpful.

The application is quite simple. Two electrodes are fixed at the wrists and the program is chosen. The induction is transferring the preset rhythm simply onto the skin. The part of our brain that is responsible for the life sustaining rhythms gets entrained, and then Sleep program 1 for instance lets us fall asleep.



A third option is working with the therapy disks of Esogetic Medicine.



Disk of Love

Disk of Light

Disk of Life

These disks are representing the three large “L” , Love – Light – Life.

I have written an extensive brochure about them, where I am describing the results of all my experiences. If you would like one, you can receive it from us.

So it is my deepest belief - and I see that validated in patients and friends - that these measures are not able to change the course of world events, but that they are able to ease or resolve the “sense of becoming narrow”, which is the original meaning of fear.

And thus I am returning at the end of this letter to King Solomon’s wisdom once again:

“So, if there is a true emergency, when there is nearly no more reason for joy, the example of King Solomon should be recalled. He had a ring on his finger, which was engraved on the inside, so that nobody could read it. When the King was up against the wall or faced with a problem that did not seem to have a solution, he took the ring of his finger and read the inscription:

This too shall pass.”

In this spirit until next time,

cordially

Peter Mandel



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