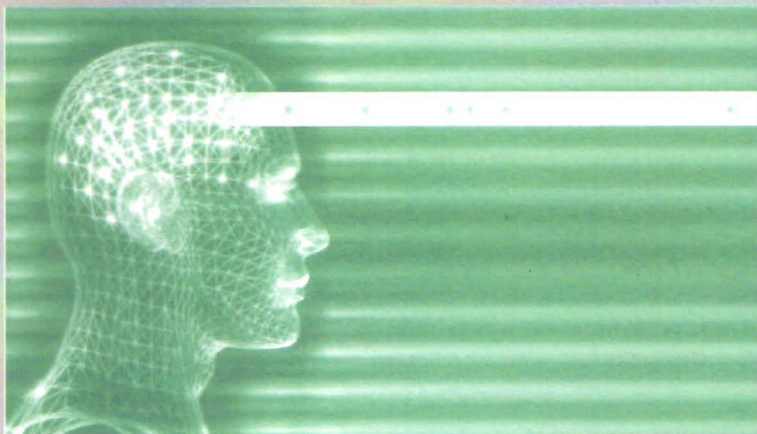


**esogetics**



**INDUCTION THERAPY**

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Holistic regulation with the frequencies  
of the human brain



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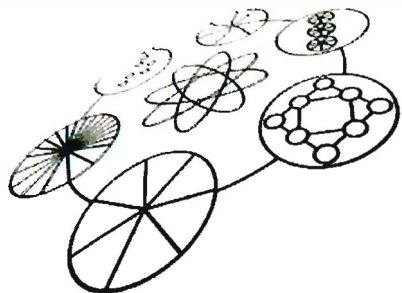


## THE DISCOVERY OF THE BRAIN CURRENTS

- Medicine entered a new era when the British psychologist Richard Caton discovered the electrical activity of the brain in 1875. Caton researched the electrical brain activity of cats, apes and rabbits: „ If two electrodes are attached to two points of the surface of the skull, weak currents of changing polarity flow through the amplifier.“ Many scientists worldwide confirmed these observations. Barely forty years later Prawdick Neminski succeeded in the first photographic recording of the electrical brain activity in animals, the so called „electro-cerebro-gram“.

- The history of electroencephalography started in 1929 with a publication of the psychiatrist Hans Berger in Jena / Germany. He was the first to conduct human experiments and to record the results. Through contact electrodes which were attached to the scalp and the use of appropriate amplifiers and measuring devices he registered the electrical current activity of the brain. The news about the extraordinary importance of his research spread like a wildfire and the scientific recognition from the medical community was his.

Initially Berger described the beta - and the alpha-rhythms. In 1935 the deltaxwaves were recorded and another eight years later the British researcher William Grey Walter discovered the theta-waves. Berger finally specified all the EEG - characteristics. He divided the four brainwaves into single categories and correlated them to different physiological states, which was an extremely important step. All together Hans Berger published fourteen scientific projects. His lifework is the basis of electroencephalography up to the present day.



## THE CONTROL OF THE UNCONSCIOUS

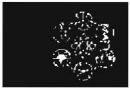


In the 1960s the insights of electroencephalography led to the development of bio-feedback research. The focus was on the interplay between mind and body, between consciousness and brain frequencies. It became possible to interpret the EEG, in regards to their physical and psychological relevance. The more insight was gained into the operating mechanism and the more certainty could be found in the interpretation, the more the question arose about the possibility to influence the consciousness and the bodily reactions by stimulating the electrical brain currents. J.H. Schultz proved with his „autogenic training“ that that goal could be reached through a mental approach. Through his „relaxation-therapy“ E. Jacobson showed a way to stimulate the brain currents through physical exercises and change in the muscle tone. In the early days of bio-feedback research the ruling opinion was, that some body areas can be controlled consciously, whereas the so-called autonomic functions do not lend themselves to conscious control. Test results from laboratory animals clearly showed that „feed-back, could be used to achieve certain changes in the body: The animals learned to control nearly all bodily functions by themselves - even the autonomic ones. C.M.Cade discovered during his research that a process becomes controllable simply through repetition: On the bodily level a person becomes able to observe in himself a process that is normally not conscious.

Therefore bio-feedback is nothing else but making inner processes aware by using mechanical means. In this way thousands of people learned to not only generate specific brain wave activities in themselves, but also to regulate functions like blood pressure, heartbeat, etc. in themselves. It can be said that bio-feedback leads to a clearer „Ego/ I“ consciousness. This stage of consciousness does no longer differentiate between the voluntary and the involuntary processes; by making the involuntary functions of our body conscious they become voluntary and thus controllable.

The totality of all insights gained from the research of brainwave patterns and their correlation to bodily functions allow the conclusion, that the human being can basically control every single cell of his body. The psychiatrist Dr. Charles Stroebel is convinced that the brain has the ability to program itself anew, if a person creates the necessary motivational structure. Could this motivational structure also come from the outside? There had to be a way to develop instruments which could control the neuronal networks and keep the electromagnetic patterns of the brain under surveillance. The specific brainwave patterns thus were the key to program the „bio-computer brain“.

All these thoughts initially led to the development of the so-called „mindmachines“. Here the combined visual and acoustic stimuli served to change the brainwave patterns and the evolution of consciousness - a large step forward indeed. Millions of people worldwide experienced this beneficial treatment



## SKIN TO BRAIN AND CELL ...

- It is no longer a secret that each impulse outside or inside of our body has to be processed by our consciousness in some way. It bothered me however that in the present techniques the stimuli of light and sound were necessary to achieve a certain state.
- The fact that the same cerebral areas are responsible for light and sound stimuli as for the surface sensibility of the skin germinated in me new therapeutic approaches more than fifteen years ago. The mutual influence between consciousness/ brain waves and body cells, organs and systems has been and still is the most important focus of my research. My premise is that all changes in our bodily life ( including and particularly disease symptoms) are a reflection of the four brain rhythms. Each alteration in the cells, organs and systems seems to be preceded by a regulatory disturbance of the four brain rhythms.
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I am completely convinced that each irregularity in the human consciousness creates consequences in the brain rhythms - and vice versa! Looking at the bandwidth of the indications of our brain waves we can imagine that a negative direction of the interplay between consciousness and wave reactions creates a blockage of the dynamic reactions of an individual , which can lead to a change in the individual program. (beta - awake, alpha - resting, theta - semi-sleep, delta - deep sleep). From this dilemma the person usually cannot extricate themselves without assistance. I wanted to solve this difficult task of developing a therapy which on one hand did not produce „side-effects, and on the other as closely as possible resembled the natural body - resp. brain activities - an induction of familiar impulses. That created the „induction therapy“. The most subtle stimuli were „ written on the skin“ - with amazing results ! That gave us proof that the regulation of disturbed brain rhythms is possible even without acoustic or

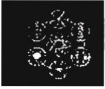
visual stimulation. I am grateful to Bruno Grieshaber from the company Vega for the technical realization of induction. He believed my hypotheses and from there developed the Vegasom apparatus, which enabled us to test the theoretical premises. Since then the therapeutic results in daily practice confirm over and over again, that the induction of different sequences of frequency through the skin showed immediate reactions in the cerebral sectors.

Of course there was a lot of criticism in the early days. There was a fear that the induction-therapy could create personality changes. You could also hear the argument that this treatment equaled „brain-washing“. In 1992 the two researchers Braune and Schwerbrock at the Albert -Ludwig university clinic in Freiburg showed that there are no indications of a specific influence on the EEG - patterns after the induction therapy. Under their supervision the test subjects were induced by the „sleep program“. The study was single-blind, randomized and placebo-controlled. None of the subjects showed a change in their EEG frequencies. With that any concerns were eliminated that the induction therapy was treating the structures of the brain and thus was changing them.

My friend and colleague Robert Füß, who studied my diagnostic and therapeutic concepts in the beginning of his career, concerned himself early on with the idea of induction. I am grateful to him for the exact development and formulation of the presently defined and used programs of the induction treatment. Robert Füß summarized his expansive work regarding induction therapy in his book „The Induction Therapy - wholistic regulation through the frequencies of the human brain“ (1994). He developed another working hypothesis, which he described with the aphorism:

„I do not heal the brain , I heal like the brain.“

The induction therapy has the sole purpose to communicate to the human being a natural and familiar rhythm, which is appropriate to the situation at hand and then to establish a normal brain rhythm and sustain it.



## STRESS - FROM SURVIVAL FACTOR TO HEALTH PROBLEM

- The stress problem totally „throws us out of our rhythm” . It is the most common cause for malaise, spasms and so-called autonomic dysregulations. At first we need to define the term „stress”. Stress is not a disease - just the opposite. Stress as a defense mechanism originally is a useful natural trait - not only in the human being, but also in the whole of the plant and animal kingdoms. it does not do damage to us even when increased performance levels up to our limit are required. Only when the human being is unable to discharge the mobilized energy the risk starts and with it the permanent potentiation of the stress, which without fail leads into disease.

Frederic Vester writes about that in his book „ New territory of thinking”:

*„Stress readies the body for extreme performance, so that it can climb trees, jump at an enemy with loud screaming or swim through a river. This happens through the release of three hormones: the flight hormone epinephrine (ger : adrenaline) and the attack hormone norepinephrine, which both stimulate circulation and switch off thinking in favor of pre-programmed reflex actions; the third hormone is hydrocortisone which increases blood coagulation, calms the digestive tract and sexual functions and suppresses the immune system - all this to concentrate more strongly on the fight and survive it better.”*

Nowadays when people always struggle for more and fight for more this stress situation has become the absolute danger for health and life. Over time the ongoing tension in the stressed individual literally becomes a program. He is in a vicious circle in which the useful tension and readiness cannot be discriminated any longer. Then the performance stress becomes conflict stress.

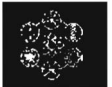
The result of this unnatural development can be the destruction of cells and organs as well as the frazzling of the autonomic nervous system. If the human being would (or could) live reasonably within the polarity of performance stress and rest , then a lot of diseases would not exist at all or only rarely be found. This includes in particular the cardiovascular diseases which in our so-called civilized world are still the number one cause of death. Gastro-intestinal and other metabolic disturbances are the results of stress as well as impotence, aggression, immune deficiency, inability to concentrate up to - as many people believe - an increased cancer risk. For a long time I have been observing patients who especially in the morning clearly portray stress symptoms - among others ( sometimes alarming) increased blood pressure, increased lipid values in the blood or increased liver transaminases. Blood sugar or uric acid increases are also very common - in spite of the patients reporting that they sleep eight to ten hours.



In spite of the large amount of sleep all these people agree that they feel tired and groggy in the morning. Why is that so ? It is possible that these people do not sleep „rhythmically“. That means the necessary nightly rhythm between theta and delta , or between phases of dream and deep sleep has been altered or reduced. Further observations of these patients also agree that conflicts and the resulting experience of stress were transferred into the nightly (un-) rest. The result: The regeneration of the brain ( dream phases) and of the body ( deep sleep phases) do not happen to a sufficient enough degree. The corresponding sleep program of induction therapy offers the normal sequence of the rhythms to the brain. When the responsible regulation areas resonate the dream-deep sleep rhythm improves and the morning symptoms decrease or even stop completely.

## STRESS BECOMES PAIN

The whole stress problem results in a weakening of the immune system. The individuals who are caught in their conflicts cannot escape from this vicious circle. The continued presence of the hormones epinephrine, norepinephrine and hydrocortisone will destroy the balanced interaction of tension and relaxation in the long run. The energies which are no longer metabolized and used up ( like fatty acids and glucose) are stored. The result is a latent burdening of the circulatory system, „ springboard“ of many dangerous and life endangering diseases. At that stage most therapies provide a suppression of symptoms, but not an elimination of the causative factors of the disease. The appropriate medications will suppress the pain in the gastro-intestinal tract. Each pill balances an equal amount of existing aggression. Fatigue and listlessness, neurosis, etc. are also addressed with medications and repetitive infections succumb „simply“ due to antibiotics. Looking at this vicious circle it becomes obvious that there have to be chronic developments, because the backgrounds of the diseases are being ignored. Here is an example: Many patients have pain in their spine , which are diagnosed as „ degeneration“. Without a doubt that is accurate, because the degeneration can be visualized on x- rays. But vertebral bodies, intervertebral disks and joints do not degenerate by themselves. In certain cases postural imbalances, work related diseases or



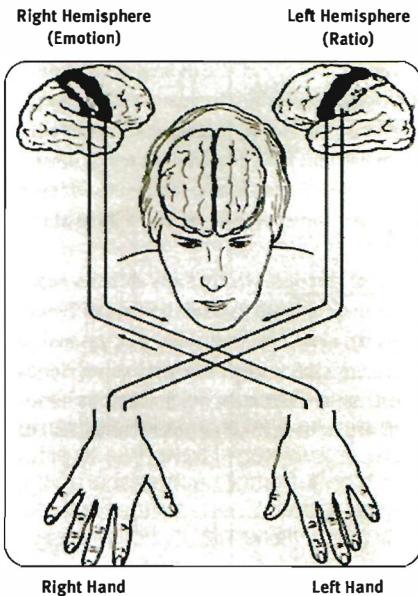
inherited deformities like shortened legs, scolioses, etc. create tension patterns in the overall static body structure and thus degenerative tendencies. But in all other cases we have to question why and how such degenerative situations do occur.

Without doubt there are numerous criteria that can trigger diseases of the spine and joints. The most common cause though is certainly the permanent tension which the organs transfer through the spinal nerves to the segments of the spine. There they create spasms and contribute to pressure within the vertebral body. Pressure creates degeneration. Without doubt the reflex zones according to Head, Mackenzie et al. are important reflections of the internal organs. Whether we are dealing with dermatomes (Head) or myotomes (Mackenzie) in each case the therapist gets a hint which makes it possible to retrace the causal chain and discover the locus minoris resistentiae, which again is a result of the factor „stress“.

Now let us imagine a cervical syndrome with pain in the right shoulder. From a segmental viewpoint this could be part of the gallbladder system. The surprising part is the common denominator: This system in particular is really vulnerable to spasms. Epigastric pains, hyperacidity and tensions in the solarplexus with accompanying heart complaints are often stress symptoms which are linked to pains in the left shoulder and thoracic spine. Another proof that the symptom oriented diagnosis always has a causal connection to the „original cause,. The list of physical complaints which are originating from stress can be continued ad lib.....

## BRAIN AS THERAPIST

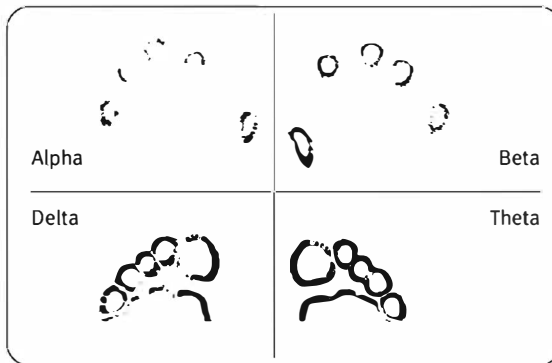
Many countries introduced the Energetic Terminal Point diagnosis (ETD) as a functional diagnostic tool. We developed it in the mid,70s as a reproducible method of visualizing phenomena of information ( Kirlian effect). It describes the state of a human being in its totality. The documentation of many visible phenomena, which are seen in connection with topographical sectors, is pretty much complete. Over time ETD allowed us to create many new viewpoints. New insights in regards to disease, pain and the destruction of cells and tissues were gained and meanwhile more than 200 new therapeutic systems have been developed.



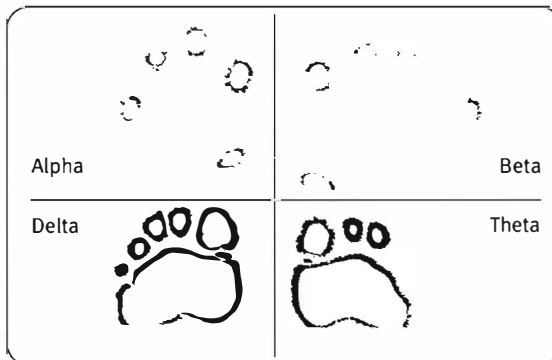
One of the main new discoveries of the EEA has been the idea, that the hands and feet, which we are portraying in regards to their information and energy in the EEA picture, have a direct connection to the brainwaves (it is important to keep in mind that there is a crossover of the right and left sides).

The right hand, the “active hand”, vibrates in the beta rhythm (which correlates to the left, rational brain), the left hand vibrates in the alpha rhythm ( which corresponds to the right, emotional brain). The right foot corresponds to the theta and the left foot to the delta rhythms of the brain. Any deviations visible in the EEA pictures in the information between the left and right hand and the left and right foot are always indications that there is a causal disturbance in the brain rhythms. The following illustrations give you an example of this phenomenology that I am calling “laterality disturbance”.

#### Laterality disturbance from the left



#### Laterality disturbance from the right



Since 1984 I have been working with the visible signs of laterality disturbance in the ETD image. The far reaching importance of this discovery only became obvious, when I had the possibility with the induction therapy to directly influence the irregularities in radiation between the right and left hand as well as the right and left foot. I recognized that laterality disturbances always are related to an individual's present disease symptoms and that the resolution of symptoms was impossible as long as the ETD picture still showed the laterality disturbance.

In 1986 I commissioned a study of laterality disturbances by my former colleague Dr. med. Jon Greenberg. He examined 89 patients of both genders and different ages and came to the conclusion that in more than 80 per cent of the cases the disturbances happened before the end of puberty (Bioenergetik No.3/July 1987). If the disturbance was from the right side it was trauma (f.e. a blow to the head), or if it showed from the left it was a psychoemotional shock. As we know that such events can result in short circuiting and communication disturbances between the two hemispheres of the brain, we are very focused on developing a therapy with which those disturbances can be balanced. Lateral shifts always lead to blockages of the normal energetic and physiological signals within the regulatory circuit of thalamus - hypothalamus- pituitary. This explains why in such a situation pathological impulses are permanently emitted from the central nervous system to the periphery. Symptoms like migraine, headaches, heart -, lung-, stomach- or gastro-intestinal complaints, genital irritations and especially psychological derangements of all kinds are always connected to such laterality disturbances.

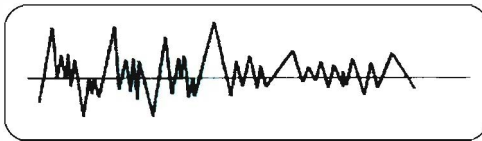
These patients were mostly resistant to therapy - a hint at other causes. The revelation of causes happened through the therapeutic experiment. The balancing of the information/energy potentials that we saw in the ETD image always occurred with the sudden disappearance of the mostly very different symptom pictures of the treated patients, without us addressing the main complaints therapeutically. Even today such reactions are still an incentive for further speculations and research in the area of brainwave therapy.



## THE BRAIN WAVES

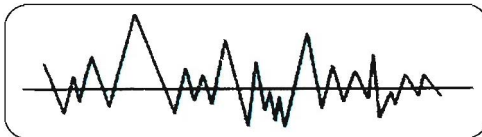
- The induction therapy has the purpose of “liberating” blocked or suppressed emotion - for a good reason: If information is supraordinate to everything energetic and material,
- then a resolution of causes as the foundation for long-term healing can only be reached through the dissolution of blockages, so that the free flow of information can be achieved.
- That adds another dimension to any disease process. If we subdivide the human life into the areas of “idea - planning - manifestation”, then the entire life of an individual with all its ups and downs can be assumed to have an underlying supraordinate pattern of information, which is assigned to the individual as his program - an individual program for an individual life, which can very well be reflected in the brainwaves. If we are looking at the corresponding indications of the different areas, then it is easy to recognize, that everything that characterizes the individual human being can be modified through the frequency behavior of the brainwaves. Let us first look at the established indications of the brainwaves .

### 1. Beta Rhythm: irregular small wave with a frequency of 14 - 30 Hz.



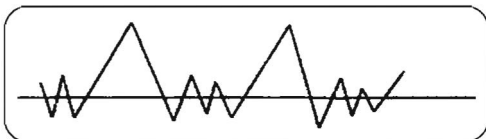
Beta Rhythm is characteristic of concentration towards the outside and an awake, alert state. Logical thinking, intellectual endeavors and intense activity are an expression of beta as well as restlessness and the proximity of anxiety. A high ratio of beta waves correlates with increased secretion of stress hormones (norepinephrine and epinephrine).

### 2. Alpha Rhythm: 7.5 - 13.5 Hz; a regular wave of medium frequency



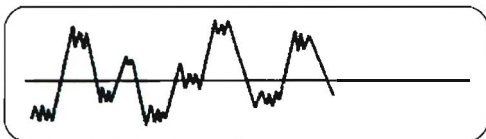
The alpha rhythm finds its expression in the relaxed state. The brain produces it primarily when closing the eyes and at the beginning of intellectual relaxation. A sense of comfortable calm without sleepiness spreads, meditative relaxation sets in.

### 3. Theta Rhythm: 4 - 7 Hz; a regular wave of low frequency



Unless there is a pathological state, this rhythm represents certain phases of sleep and deep meditation. It is known that this rhythm favors the development of memory. In "Superlearning" reaching this phase is the goal, because the ability to think is switched off and the access to deeper layers of our consciousness becomes possible. Theta waves are also connected to increased creativity and intuition.

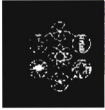
### 4. Delta Rhythm: 0.5 - 3.5 Hz; slow wave of low frequency



These waves mostly occur during the phase of deep dreamless sleep, in which the need for regeneration of the physical body is the purpose. Deep hypnosis and trance correspond to the delta rhythm, as well as the phases of regeneration and a functioning immune system. Therefore the delta rhythm is of utmost importance in all healing processes.

Of course we do know that the brainwaves are only a "means to an end" and that they do not represent supraordinate information in themselves. They are the product of biochemical discharges that generate an electromagnetic field. The resulting frequencies from 0.5 to 30 Hz are serving the communication between the central nervous system and the body.

If we discover disturbances within these frequency ranges, then the individual could be called sick. It does not matter whether the subjective perception of the patient or the disturbed brainwave rhythms are validated through other diagnostic methods. If the individual feels ill, then he usually is ill. That is all that counts. The expression of his condition has to be the guideline for the therapeutic measures.



## THE INDUCTION THERAPY OF ESOGETIC MEDICINE THE COMPACT PROGRAMS

- Within the induction therapy we have compact programs, which were especially developed with the idea of resolving manifested stress mechanisms. I have deliberately chosen to rely entirely on the option of regulation and to not use other tools like flashes of light or sound frequencies. I am convinced now more than ever that it is not appropriate to “splint” the supraordinate areas of our lives with a rigid regulatory approach, but to offer them impulses to learn. The gentle induction of impulses, which in their frequency behavior resemble that of the brainwaves, promotes an involvement of the supraordinate sectors through resonance. The consequence is that blocked systems can find their way back to normalcy and disease symptoms, which are corresponding to certain blockages of information, can disappear.
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The programs that we have developed thus far cover a good number of the modern day diseases. The following compact programs are presently available:

### For the relaxation therapy:

#### ■ *Rest program –*

Basic program for the deep inner relaxation of the organism. This program oscillates most of the time between alpha and theta, the area of semi-sleep. Useful for restlessness, conflict stress, autonomic dysfunction, psychosomatic cardiovascular complaints, tension pain and many others.

#### ■ *Sleep program –*

for difficulties in falling asleep or staying asleep. Indicated in all states of restlessness, which are either connected with insomnia or cannot be resolved just by the use of the rest program.

#### ■ *Children’s program –*

for psychological and physical stresses during the ages of 6 to 12. Also good for conflict resolution in adults. Indicated for anxiety and phobias in children, enuresis nocturna, difficulties in learning, immune weakness and allergies.



### For the stress therapy:

#### ■ → *Stress - A - program* –

basic program for the resolution of psychological tension. Indication: Beginning stage of stress therapy, states of psychological tension and conflict situations.

#### ■ *Stress - X - program* –

to regulate the immune system. Indications: degenerative diseases of the immune system, rheumatic syndromes,, cancer (as an adjunct), allergies, mycoses, lymphatic diathesis and as immune system prophylaxis.

#### ■ *Stress - 10 - program* –

Basic program for dysfunction of the endocrine regulation. Among others it is indicated for impotence/frigidity, the endocrine autonomic syndrome, lack of libido, osteoporosis, during menopause and puberty.

#### ■ *Stress - 11 - program* –

Basic induction for migraine and headaches. It is also good for all types of spasms, shoulder and neck pains and the navel colics of children.

### For the therapy of depression:

#### ■ *Depression program 1* –

for depression without anxiety, for fatigue, lack of motivation, tiredness and for reconalescence. This program should never be used during the manic phase of a depression, because it has an activating effect.

#### ■ → *Depression program 2* –

for manic states of depression, restlessness and anxiety, for deep relaxation. It can also be used for an elevation of cholesterol, triglycerides and gamma GT, as well as for autonomic gastrointestinal complaints.

#### ■ *Depression program 3* –

for menopausal, menstrual and puberty related depressions; for the treatment of dysfunctional endocrine regulation.

### For cerebral regulation/mental training:

#### ❖ Cerebral program –

for the increase of intellectual acuity and the activation of brain activity in all frequency areas. Also indicated for arteriosclerosis and (experimentally) for Alzheimer's and Parkinson's.

#### ❖ Learning program –

oscillates between 5 and 14 Hz, which is also the realm of the superlearning method. Indications: Difficulty in learning, lack of concentration, visual and auditory weaknesses, forgetfulness, coordination problems, arteriosclerosis and exam jitters.

#### ❖ Memory program –

in combination with the cerebral program and the learning program for an increase of the intellectual faculties. Further indications: Stimulation of creativity and cerebral circulation.

Six new induction programs have been created and tested for an extended period of time. The effectiveness is excellent. The necessity to keep developing the program centered induction therapy resulted from our observations of 15 years of application in the entire world. We discovered new frequency packages for the relaxation therapy as well as for children and the degenerative stresses of people. At the same time we have succeeded in expanding and differentiating the indications of the „old programs“. Neither the point nor the program induction could be omitted from today's practice, because they cover a large part of the so-called diseases of civilization. The results are above average.

Here are the description and the indications of the six new induction programs. I will also discuss them in relationship to the already successful older programs.

#### ❖ Sleep Program 2

The development of a new sleep program was necessary, because the sleep program 1 only addressed disturbances in falling asleep and staying asleep. Though successful in that regard we observed that in spite of a sufficient amount of sleep (8 to 10 hours) people woke up tired and exhausted in the morning. This gave us a reason to look more closely at the physiology of sleep. It is considered proven that the human being only regenerates during their sleep and that this regeneration is accompanied by a rhythm between the theta and delta frequencies. Many diseases originate from „disturbances of the sleep rhythm“: Psychological disturbances like anxiety and depression

as well as the morning cephalgias and migraines, stiffness and pain of the joints or circulatory symptoms with vertigo and arrhythmias. Many of a patient's complaints can be seen as results of disturbances of the sleep rhythm. The delta frequencies are responsible for the regeneration of the body and its cells, the theta rhythm addresses the regeneration of the brain. The change between the two frequency ranges should occur about seven times during the night.

### Sleep Program 2

All waking complaints like anxieties, depressions, cephalgias and migraines.

Pain in the joints, vertigo and cardiac arrhythmias. Difficulties concentrating, mental overwork, permanent nervous system stress, fear of failure, pains especially in the morning. Alternating with the program „Stress 10“ it can be used for menstrual complaints and menopause.

### Dream Program

Stimulation of dream activity, mental conflict resolution therapy.


### Children Program 2

Same indications as Children Program 1, as an alternate therapy with Program 2. As a basic treatment for all degenerative diseases, psychological symptoms, all childhood diseases after age nine, especially when they reoccur. Both programs as part of conflict resolution therapies, especially when we diagnose laterality disturbances in a patient.


### Rest Program 2

All acute conflict stress situations, stress related headaches and vertigo, gastro-intestinal symptoms which are the result of stress. Alternate program to Children Programs 1 and 2, esp. when the parents complain about the school stress of their children.

The indications of Rest Program 1 are also applicable here, if they are in conjunction with an acute stress situation.

 Degeneration Program

Basic therapy in all degenerative diseases. Spinal and joint diseases, rheumatic changes, alternate program to the cerebral frequencies used for atherosclerosis and concentration difficulties. Basic program for the treatment of painful diseases.

 The Program „Awakening“

Exhaustion, reconvalescence, overwhelming fatigue, complaints of the elderly, susceptibility to weather changes, spring fatigue, syndromes of overwork at any age. Adjuvant in severe diseases. Also worth a try in system diseases.

## THE POINT ORIENTED INDUCTION THERAPY



It is the nature of our existence to form „eddies and vortices”. Rhythm in any imaginable form is lastly the expression of a dynamic life force. Our life oscillates in the individual rhythm of our brainwaves. All molecules and thus all cells of our bodies adapt to this rhythm. Therefore it should be possible to offer the rhythms of the brain to certain defined skin points and zones from the outside in order to influence the „whole, on this lower, physical plane. I was aware through my decades of experience with other therapeutic media like acupuncture, piezoelectric impulses and colorpuncture, that the point oriented therapy with the four brainwave patterns had to induce a higher level of regulation than other media. Whereas the acupuncture impulse generates an energetic movement and the color impulse a change in information, the rhythmic brainwaves represent a wholistic regulation, because they are the „translator of the superordinate information,. Today we have empirical proof that with the point oriented induction therapy the door can be opened for a better effect of other treatment forms.

George Leonard describes the basic idea of induction in his book „ The Rhythm of The Cosmos” this way :

*„In the arena of molecular vibrations everything is rhythm and electricity. Certain rules are applicable: Exchange of electrons, ions and atoms and a correct spatial orientation of electromagnetic fields[....] All sensory stimuli are different in that they transform high frequency, rhythmical waves into vibrations that the brain can process.”*

I have tried for many years to combine therapeutic approaches from acupuncture and the segment teachings with the rhythm of the brain to gain an influence on the mentioned indications. In many cases using induction before the above mentioned therapies led to very good results; especially when we treated specific somatotopies like ear acupuncture or other reflex areas that are complete systems in themselves. In spite of all of this I still had a large problem: It was not always obvious to me which of the four brain rhythms was indicated for which point. After an infinite number of trial sequences I could define the specific points on the skull and correlate them to the four qualities of the brain rhythms. These four points are used for the induction of the wave patterns.

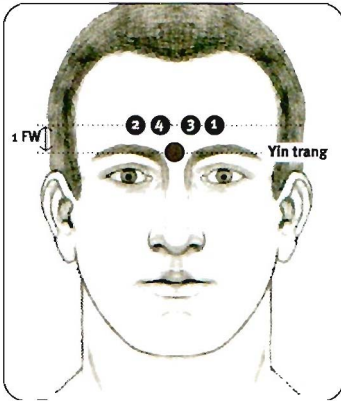
Again let us look at Robert Fieß who in his book about the induction therapy describes the crucial breakthrough in the testing of the brain rhythms:

*„For a long time these points (of the skull) have been considered as „foundation zones of the induction therapy“. They are representing higher centers through which altered wave patterns of the singular frequencies can be regulated. Alas the practical application often led to difficulties. The zones have been (and are) comparatively hard to find and the hairdo of certain patients often created unsolvable problems for the therapist. For this reason alone it was necessary to find points that can be accessed much more easily, but they had to possess the same qualities as the wave points on top of the skull.“*

*The point of departure for these extended considerations was the fact that each singular frequency corresponds with one of the function circles according to Gleditsch. They project themselves onto four points on the forehead of every human being and can be influenced in a regulatory manner from there. Beta corresponds to the function circle liver/gallbladder, because both embody the dynamic, active principle. Alpha is analogous to the function circle kidney/bladder, both represent concepts like rest, stability and security. Theta corresponds with the function circle lung/large intestine and the basic concept of inspiration, intuition and melancholy. Delta finally corresponds to the depth and earthy groundedness of the function circle spleen-pancreas/stomach.*

*All four points are found on the so-called neurasthenia line of chinese scalp acupuncture, which runs horizontally across the forehead one fingerwidth above Yin trang, the point between the eyebrows. To the side the line extends to a point slightly medial to a vertical line extending upward from the center of the pupil. The two outer points correspond to the singular frequencies of beta (right) and alpha (left). One fingerwidth medially of them we find the other two wave points, on the right for delta and on the left for theta.*

### The four wave points according to Robert Fues



- 1 FC Kidney/Bladder .....Alpha
- 2 FC Liver/Gallbladder .....Beta
- 3 FC Lung/ Large intestine .....Theta
- 4 FC SP/Stomach .....Delta

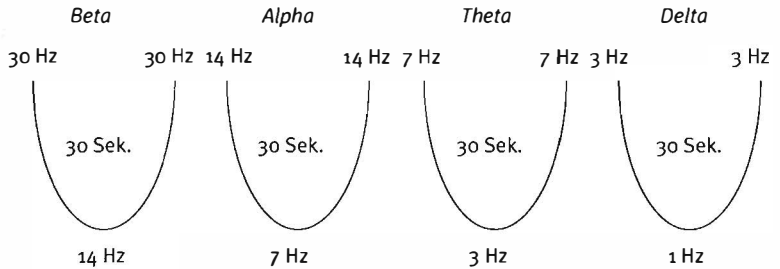
*In daily practice one of these points is always particularly sensitive to pressure. That point represents the singular frequency relevant for therapy. It is important to repeat the testing before each treatment, because the functional balance and with it the wave pattern can change from case to case.*

*The wavepoints on the forehead are the initial step of each induction therapy. It looks as if they are the „ door openers,, which carry a basic impulse into the disturbed frequency areas through the the treatment of higher regulatory centers.“*

This idea of Robert Fűß, to test the disturbed rhythm of the four waveforms by determining the dominant pressure sensitivity in the four points on the neurasthenia line, was a breakthrough in the treatment of symptomatic point chains. In this context ear acupuncture is especially relevant; it is an effective and in itself complete somatotopy, ideal for induction therapy. I refer you to the literature on the subject, esp. Günther Lange, s book ; he is one of the great minds of auriculo-therapy.

R. Fűß' procedure is still completely valid. Due to our expanded practical experience and the further technological development in the new synopsis instruments we were able to decrease the application time of two minutes per point to a quarter of that time. With that

induction therapy became not only less time consuming, but also way more effective. The improved and handy synopsis point instrument completes the wave oscillation of each single rhythm within thirty seconds. For better comprehension I would like to give you an image of this oscillation:



After optimizing the induction process itself I researched the hypothesis, that in certain cases the procedure of the singular application of a tested waveform needed to be left behind - similar to the varying rhythms of the complex induction programs. Although during the different phases of life there is one dominant brain rhythm, the other three waveforms are always present. For better understanding let me give you an example: We find a pressure sensitive point at the theta position on the neurasthenia line. The patient is awake, has the eyes open and is thus in the dominant rhythm of beta. The frequency of beta is pretty high due to pain, though in the test the lower theta rhythm is dominant. Such discrepancies made me think and I tried to increase the effect of the induction by applying all four rhythms in the sequence beta - delta and alpha - theta. The positive reaction of my patients amazed me, particularly because in my testing I only used the somatotopies and reflex zones which were already used in the other therapeutic media of esoteric medicine.

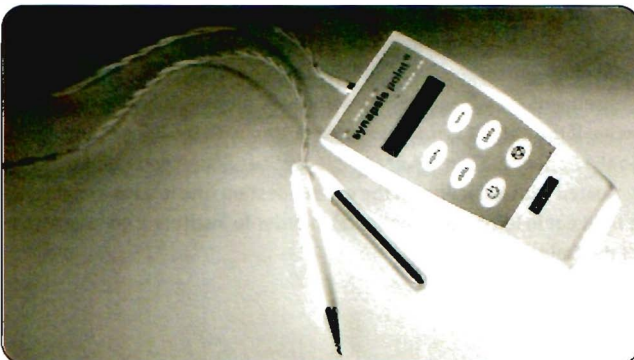


I had to look at therapy from a new angle. My conclusion was, that any type of treatment does address different layers of “being”. To the extent that a single brain rhythm is unable to determine our life by itself, a therapy cannot limit itself to addressing one single frequency range. The result were the so-called supraordinate induction therapies, like for instance the facial grid, which I shall discuss a little later on in this compendium.

## BASIC THERAPY

Before I introduce the different therapies to you I want to emphasize once more, that all induction therapies of esogetic medicine are exclusively designed for the synopsis point and synopsis wave instruments. The therapeutic effectiveness is largely dependent on the correct induction procedure as well as the use of the appropriate synopsis instrument.

Now a look at the concrete procedure of induction therapy. The basic or initial therapy starts with the determination of the four points on the neurasthenia line according to the previous diagram. Let us assume point 1 alpha is the dominant pressure sensitive point. A wave oscillation with the amplitude alpha is applied to this point ( the other three points of the neurasthenia line are not treated). After that all other therapeutic points - for instance of the ear - are treated with this frequency. With the synopsis point instrument this application is completely easy.



## THERAPEUTIC PROTOCOLS: PERIARTHRTIS - MIGRAINE - URINARY INCONTINENCE

### 1. Periarthritis humero-scapularis



- 1 *Point 55 (Chen men)*
- 2 *Point 29 (Polster)*
- 3 *Point 64*
- 4 *Point 65*
- 5 *Point 13*

The application of the entire therapy takes three minutes. First we treat the alpha point of the neurasthenia line and then the ear points. Dr. Krack, who was Günter Lange's teacher, once explained that in a right-handed person the left ear should be treated and in a left handed person the right one. With few exceptions that statement is still valid in my opinion.

### 2. Migraine

In the case of migraine it is of primary importance to establish the cause. Through the diagnostic interpretation of the EEA Esoteric medicine is able to determine the cause fairly well. The compilation of the points on the ear results from the overall context of the imbalanced therapeutic areas. A great introductory treatment of the frequency that has been palpated on the neurasthenia line and then treated with the appropriate point induction is the subsequent examination of the autonomic groove on both ears according to Günter Lange. If the patient is right-handed we start with the left ear and if he is left-handed we do the opposite. Then the ear points that have been determined through the diagnosis are treated with induction on the ear in question (the left ear in right-handed patients, the right ear in left-handed patients) in order to institute a general focus on the problem of the "migraine".

Let me give you an example of a combination of points for this general purpose:



- 1 Point 55 (Chen men)
- 2 Point 29 (Polster)
- 3 Point 95 (Kidney)
- 4 Point 36 (Head/Skull)
- 5 Point 26a (Brain point)
- 6 Point 35 (Sun; is located opposite of point 26a - inner surface of the tragus)
- 7 Point 51 (Autonomic System)

*The autonomic groove  
according to Günter Lange*

### 3. Urinary Incontinence

Let me introduce another treatment protocol that can be used for the induction therapy with the synopsis point instrument. I want to talk about urinary incontinence, a condition, which is difficult to treat and highly unpleasant for the immediately concerned. I recognized early on that the treatment of the points on the ear according to König/Wan-cura in combination with the incontinence point of Mozer brought a definite improvement of the bothersome symptoms.

The procedure is again that we start with the application of the appropriate frequency to the point in need that we have palpated on the neurasthenia line. Then the ear points are treated and finally the incontinence point according to Mozer. The latter is located in the upper third of the left inguinal groove. It should also be examined by palpation, because in the case of imbalance it becomes clearly painful in regards to its surroundings.

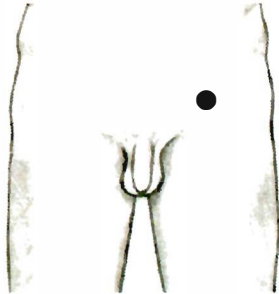
The following ear points should be treated and from my experience preference should again be given to the contralateral ear in regards to the patient's left - or right-handedness.

Ear points for urinary incontinence:



- 1 Point 92 (Bladder)
- 2 Distribution point 83  
*It is located in the depth of the concha at the beginning of the crus helix. The location corresponds to Nogier's plexus point.*
- 3 Point 25 (Brain)
- 4 Point 95 (Kidney)
- 5 Point 29 (Polster)

The incontinence point according to Mozer in the upper third of the left inguinal groove



These three examples should suffice to show you the method. The concept can be transferred to all other areas. Once the diagnosis is clear, the concepts become equally clear, depending on one's level of knowledge.

On the next pages I will introduce some treatments, which hold a great deal of diagnostic and therapeutic interest. From the angle of diagnosis they are interesting, because the patients often show massive reactions (which usually resolve after a short period of time) that give us an indication of the hidden causes of the diseases. Therapeutically they are relevant, because the impulse applied to the defined reflex zones of a supraordinate system tends to immediately improve a patient's complaints. These are reflex zones that are being used at the beginning of a therapy for all kinds of imaginable complaints. Let me now give you this supraordinate introductory treatment and then the newly empirically developed therapy of the indication and disease potentials. Please keep in mind that all descriptions and statements about the impulses of the different wave frequencies are always meant to treat the "whole".

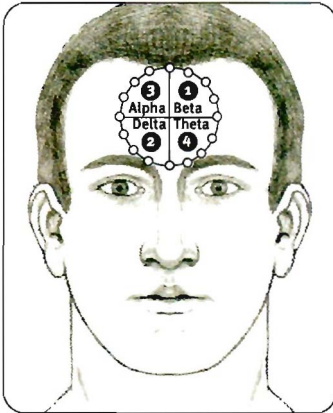
## THE PROCEDURE OF INDUCTION THERAPY

The induction therapies that I am mentioning are used as test treatments, which either confirm the diagnosis or reveal other causes - depending on the patient's reaction. The facial centers in particular can often trigger a fantastic reaction in the sick person. Briefly the most important points:

1. The supraordinate impulse constitutes the beginning of the therapy. Saying so I do not mean to deny that there can be several supraordinate impulses. Please select only one of the following supraordinate therapies.
2. The indication is based on the symptoms of the disease. In this textbook the facial grid is the most prominent.
3. Any other types of treatment can be combined with such a therapy

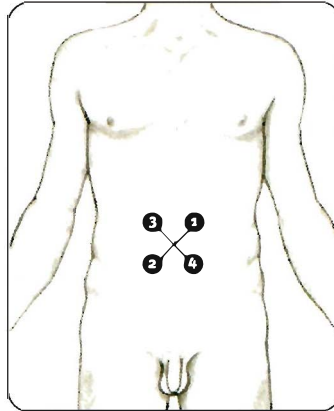
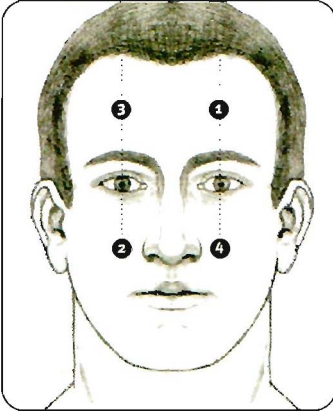
## SUPRAORDINATE THERAPIES: PAIN CLOCK - FOCAL ZONES - RECONVALESCENCE

### The Esogetic Pain Clock



This circle on a person's forehead that we call the pain clock has indeed a relationship to all possible individual situations of pain. The outer circle represents the reflex zones of the spine from the first cervical to the coccyx, 26 points altogether - based on 24 vertebral bodies, the sacrum and the coccyx. The four quadrants of the circle correspond to the qualities of the four brain waves. Only the midpoint of each quadrant is used for treatment. The diameter of the clock is from the hairline to the point Yin Trang. The four treatment points can be found in the middle of each quadrant. They are treated in the sequence 1 = beta, 2 = delta, 3 = alpha and 4 = theta.

### The Focal Zones in connection with the Four Rhythms of the Brain



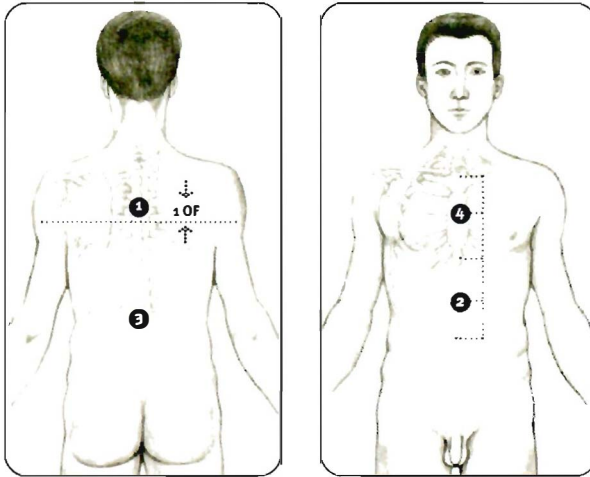
Another very important introductory treatment is the supraordinate therapy of focal intoxication. The points 1 and 3 are representing the hypothalamus points on the endoderm lines (lines of the eye looking straight ahead) in the middle of the forehead. Points 2 and 4 can be found on these same lines, directly below the zygomatic arch. They are treated in the sequence 1 = beta, 2 = delta, 3 = alpha and 4 = theta.

Afterwards we treat the aggressive zones. Differently from colorpuncture we are treating all four paraumbilical points when we use the induction. They are located about two fingerwidths from the edge of the navel (in very obese patients sometimes three fingerwidths). The treatment sequence is 1 = beta, 2 = delta, 3 = alpha and 4 = theta.

After the treatment reactions are fairly common. They can be positive, when symptoms are resolved or they can be an increased activity in a certain area like for instance teeth, sinuses or scars. In either case the use of the term "focal toxicosis" is justified and we have to go about diagnosing the focus.

## Therapy of Reconvalescence

This treatment is a general therapy for regeneration. I am using four points, which I consider to be “life streams” or life points. The treatment only takes a couple of minutes and in many cases there is an immediate effect that can be felt. The patients report that the induction of the four points creates a sense of liberation and “support”.



The synopsis point frequencies are applied in the sequence 1 - 2 - 3 - 4:

- |   |                                                         |       |
|---|---------------------------------------------------------|-------|
| 1 | one fingerwidth above the axillary fold (on the median) | beta  |
| 2 | CV 12 (midpoint between tip of the sternum and navel)   | delta |
| 3 | Point at the level of CV 12 in the back                 | alpha |
| 4 | CV 18 (about the middle of the sternum)                 | theta |

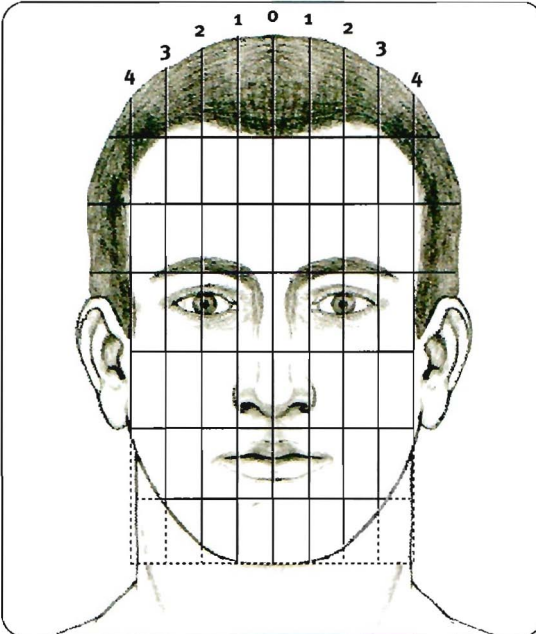
The immediate reactions are valuable to observe, because they provide clues as to the underlying cause of the weakened condition.

Of course there are numerous other supraordinate treatments in addition to the ones that I have mentioned here. **Please select only one supraordinate therapy at a time.**

Now I want to focus on a method that is characterized through bringing forth the most amazing reactions.



## THE FACIAL GRID



### **Thalamus - Pituitary Line:**

Level of the hairline

### **Hypothalamus Line:**

Halfway between hairline and Yin Trang

### **Heart - Pineal Line:**

Level of Yin Trang

### **Destructive Line:**

Directly in the middle of the bridge of the nose

### **Line of the "Distribution of Rhythms":**

Level of GV 26 (middle of the upper lip)

### **Line of Speech:**

Level of CV 24 (chin dimple)

### **Line of the Will:**

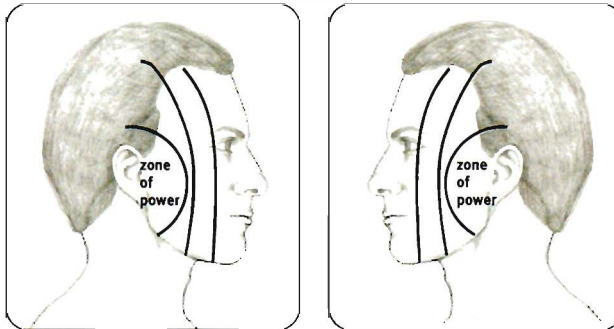
Level of the tip of the chin

- 0 **Midline:**  
median vertical axis of the face
- 1 **Ectoderm line:**  
bony inner canthus of the eye, right and left
- 2 **Endoderm line:** drawn through the middle of the pupil when the eye looks straight ahead, right and left
- 3 **Mesoderm line:**  
bony outer canthus of the eye, right and left
- 4 **Line of power:** parallel to the mesoderm line at the same distance as the mesoderm - endoderm line interval, right and left

One of my teachers, Dr. Anton Markgraf MD, always paid special attention to the observation of the face. I learned that any stress of the inner human being is reflected in the face. Pathological changes of the body or the psyche are leaving their “signs” in the face and we summarize these as “pathophysognomy”. Over the last 30 years I have made it a habit to diligently examine the facial features and to add possible changes to the overall diagnostic findings.

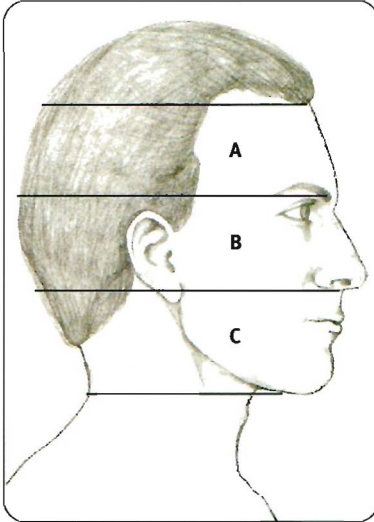
About 20 years ago I discovered three lines, which extend from the orbit through the face, across the skull and the back and then over the front of the body. I named the line through the inner canthus the ectoderm line. The one transversing the straight ahead looking eye I called the endoderm line and the one passing through the outer canthus became the mesoderm line. There was a good reason to name them according to the blastemas: My colleagues and I had been experimenting with these lines and we had recognized that the cell and organ correspondences, which had been established for the three blastemas, were also applicable to these lines.

The next step was to have a closer look at the zones in front of the ear. I defined a semi-circle extending from the lower angle of the jaw to the lateral skull above the ear. This zone I named the “zone of power”, because it is reflecting an individual’s internal tendencies of loosing strength.



The outer border of this semicircle is a line that runs parallel to the mesoderm line - at the same distance that the three blastema lines have from each other. At that point I decided to experiment with 2 x 4 vertical lines and a midline. By positioning the different facial areas another simple, horizontal division emerged.

### Groupings of the Face according to C. Huter



**A = Spirit/ Mind**

Knowledge and insight  
or mental performance

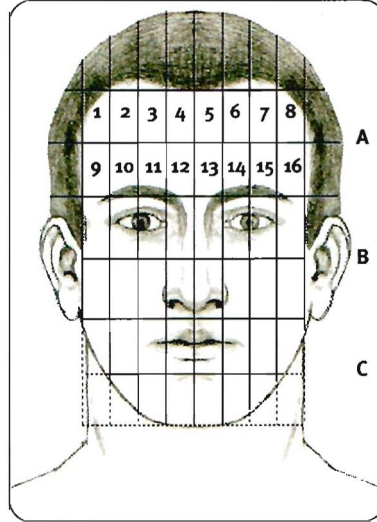
**B = Soul**

Will or emotional strength

**C = Body**

Performance and skill  
or physical ability

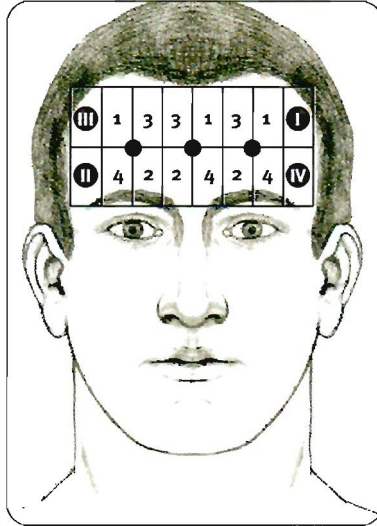
### Esogetic Groupings of the Face



Carl Huter's three classical levels gave us a collection of sixteen rectangles, which were the logical results of the cross sections. I had come up with a new concept of Huter's three levels by combining them with the nine vertical lines and the result was the 'construction' of a facial grid, which allowed me to be much more distinct in the assignment of physiognomic changes.

Using this foundation I then started the practical research into these grid areas. Time intensive empirical studies have validated relationships between these 3 x 16 sectors and the human brain rhythms with their qualities of beta, alpha, theta and delta. My first step was to determine the central points of the grid, which had clear indications. They consisted of mainly four supraordinate areas or centers: the activation areas located between the mesoderm line and the line of power on the right and left, which were ruling the 3 x 4 zones in the A, B and C divisions of the face.

**Zone of the Spirit/ Mind according to  
Carl Huter's Physiognomy**



Based on the proportions I was able to recognize:

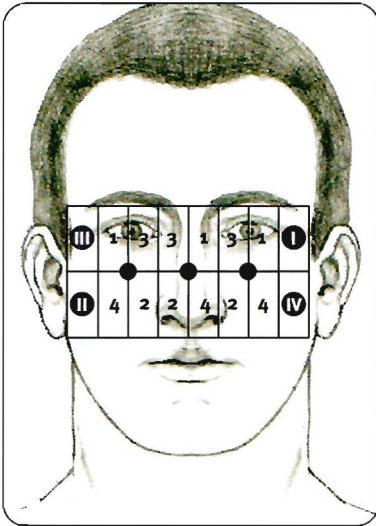
Each of Carl Huter's zones has two supraordinate areas connected to indications: Rectangles and activators, the areas between the mesoderm line and the line of power.

1. The rectangles 1, 2, 3 and 4 in each of the zones have a direct connection to the brain rhythms beta (1), delta (2), alpha (3) and theta (4).
2. The four activators that are located between the mesoderm line and the line of power have the following correspondences with the brain rhythms: I = beta, II = delta, III = alpha and IV = theta.

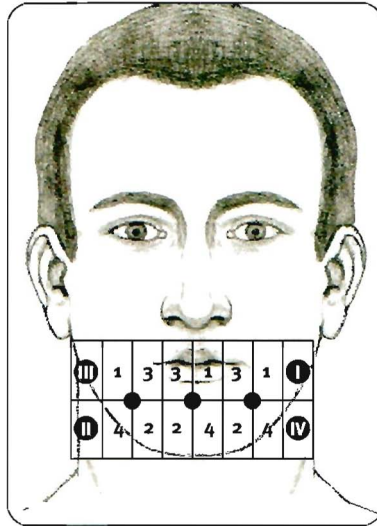
Let me also give you the groupings for the soul and body regions according to Carl Huter.

**Zone of the Soul**

Physiognomy teachings acc. to C. Huter

**Zone of the Body**

Physiognomy teachings acc. to C. Huter



Now I want to discuss the different positions, describe their indications and explain the procedure. While doing so I shall move through the three sectors that are subject to the supraordinate rhythms of the activators I, II, III and IV.

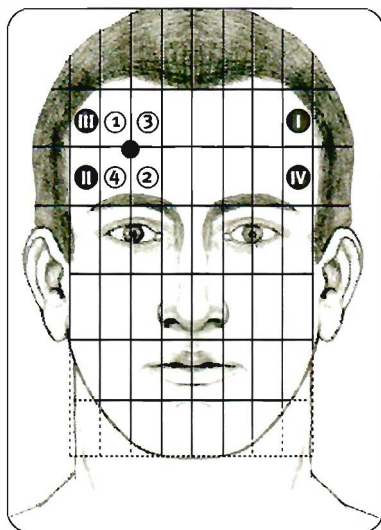
Here are the assignments and sequences of the frequency oscillations and areas:

The midpoints of each of the four quadrants of a center are treated with the appropriate frequency oscillations according to their numbering. The protocol for the four activators laterally on the left and right is: I = beta, II = delta, III = alpha and IV = theta. Only the central point (in the middle of the rectangle) is used for the treatment, as is the case with all zones.



## THE INDUCTION THERAPY OF THE CENTERS OF THE FACIAL GRID

### Center No. 1



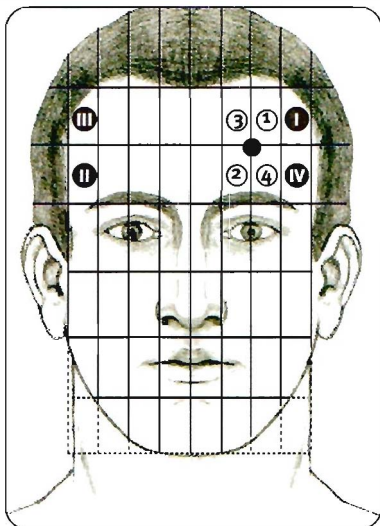
### Indications:

Cardiovascular diseases, states of weakness (reconvalescence), the spine in its entirety (spasms, tensions), rachitis, scrofulosis, diseases of the blood in general, eyes - especially the retina, the right eye (male), the left eye (female). Effects on the neocortex and the entire cerebrum, reflexes to the immune system. Health and life force are concentrated in this center.

### Protocol:

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synopsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

### Center No. 2

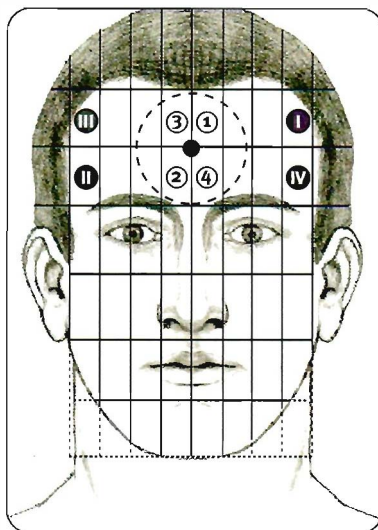


### Indications:

Anything connected to the hypothalamus, pituitary gland and limbic system. Stresses of the fluid metabolism like blood serum and particularly lymph. Also the cerebellum and all indications, which correspond to parts of the brain (swallowing, coordination, speech etc.) Organ assignments are the stomach the female breast and the mammary glands, as well as male and female fertility. The other important relationships: blood pH, uric acid level, change of red blood cells, urinary incontinence.

### Protocol:

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synapsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

**Center No. 3**

This center in the middle of the forehead is one of the most important sectors of the body in regards to the subconscious. Laterally we again find the supraordinate brain activators. When we make a transfer onto the inner circle of the “pain clock”, we create a “zone of rhythms”, which can be used for specific indications.

**Indications:**

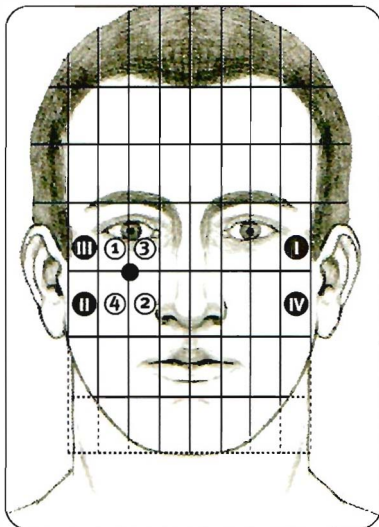
Effects on the pineal and the right hemisphere. Psychological indications are psychoses and neuroses in particular. This zone has a specific affinity to all addiction problems and states of diminished consciousness. Physically it relates to brain diseases and fungal infections (candida). It can be an adjunct in abscesses, ulcers and fistulas. The appendix belongs to this zone as well. Other indications are organ flaccidity, paralyses and intoxications.

**Protocol:**

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synopsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.



### Center No. 4



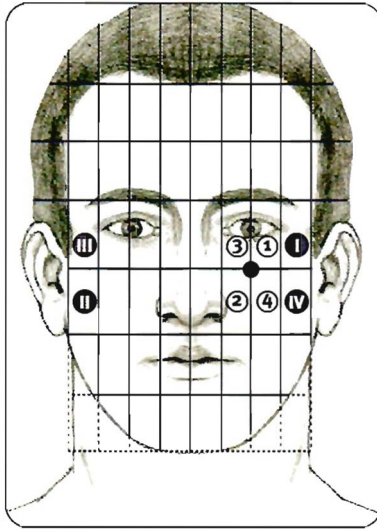
The second level of the face according to Carl Huter shows other interesting indications. Again we find three regulation areas plus the supraordinate zones for this level. The treatment sequence is the same as before: first the four activators, then the center points of the four zones of center 4.

#### Indications:

Any type of disease of liver and gallbladder, degeneration of body fats, hyperglycemia, auto-intoxication through wrong nutrition, imbalances of the blood chemistry, tendency towards arteriosclerosis and strokes; degenerative arthritis of the hip joint (liver segment). A very strong connection to the entire liver function.

#### Protocol:

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synapsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

**Center No. 5**

In regards to induction therapy this center has an extensive range of indications. It has an effect on the overall harmony (affecting all zones), and the activators are of particular importance for that.

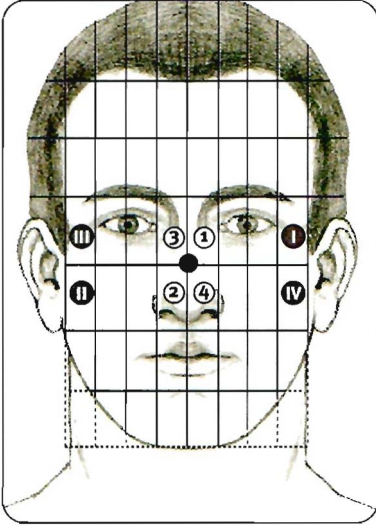
**Indications:**

All glandular diseases, inflammation of cellular tissue, growths, kidney and bladder problems. The tonsils belong to this center - which is important for children with hypertrophy of the tonsils. Mouth and cheeks (pain). Psychologically this center reflects the need for inner and outer harmony and the ability to feel.

**Protocol:**

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synopsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

### Center No. 6



The nose takes up the visual center of the face. This is the central indicator point in regards to disease potentials; this is the zone of chronicity. Anything destructive, degenerative gathers here as it is originating in zones 1 through 4.

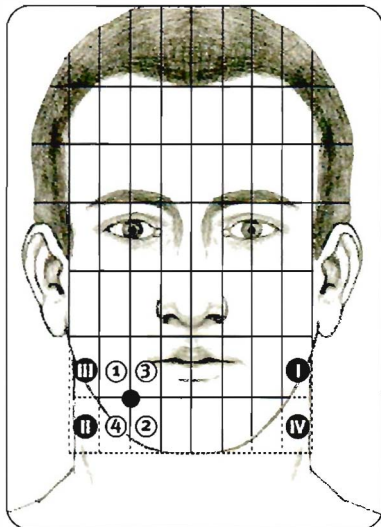
#### Indications:

Metabolic disturbances, mesenchymal toxicity, tendency towards congestion, rheumatism, gout. Physically a relationship to all the joints, the teeth (especially the molars), skin and spleen. The white blood cells - particularly the leukocytes - belong here. Signs of early aging are another aspect of this center. A supraordinate indication is the "rigidity" of all systems (also mental rigidity).

#### Protocol:

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synopsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

## Center No. 7



The third physiognomical level according to Carl Huter belongs to the body. Once again there are three zones, which carry specific indications.

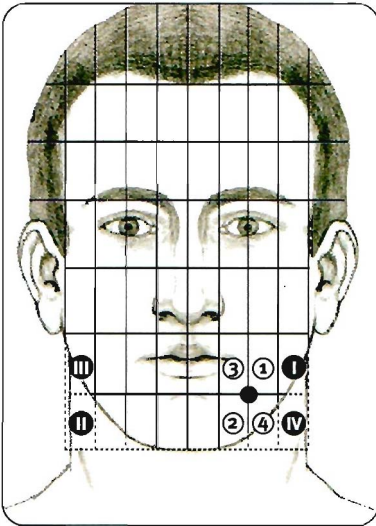
**Indications:**

This center primarily has a relationship to all the rhythms of the human beingness. The central nervous system is the most prevalent. Therefore I am assigning all diseases of the spinal cord to this zone (in particular all systemic diseases). This is the home of the entire rhythm of life and of the pituitary gland in regards to its physical endocrine activity. Whenever there is a delay in reconvalence after accidents and surgeries, these points should be remembered. All nervous complaints and spasmodic states react well to this zone. We also should mention the hyperactivity of children (which should only be treated after age nine).

**Protocol:**

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the *synapsis* point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases

### Center No. 8



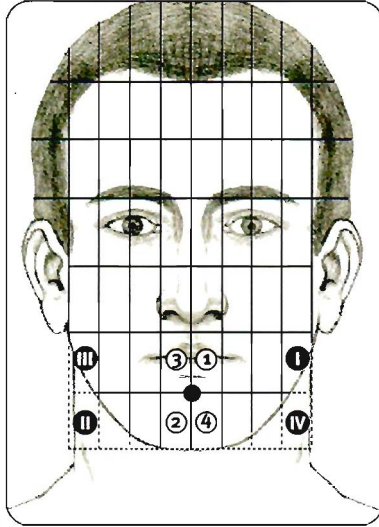
This center deals with all states of flow within the body. The destructive element of center no. 6 is connected with center no. 8. Therefore the combination of these two centers is often important.

#### Indications:

The entire elimination process through the intestines, kidneys, bladder, skin etc. All adhesions (scars), diseases during or after epidemics. There are important correlations with severe diseases like cancer or AIDS. In that case the points are great adjuncts. Personally I am connecting this center to an individual's spiritual - creative abilities. On a supraordinate level these points seem to be related to the term "cleansing".

#### Protocol:

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synopsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

**Center No. 9****Indications:**

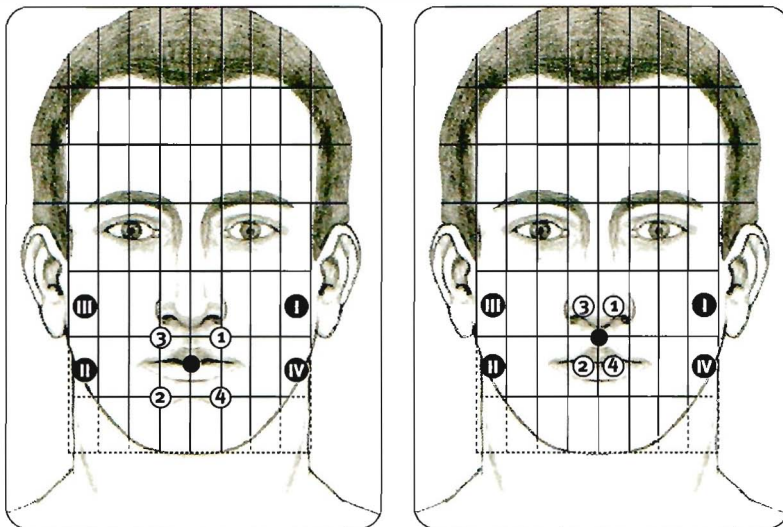
The indications of this center are related to all disease processes of the head. Moreover it covers inflammatory reactions, body heat and the adrenaline output. The latter points us towards the choleric temperament.

Muscles and tendons are a part of the indication as well as the sexual functions, fever reactions, eczemas and changes in the blood in regards to hemoglobin and fibrinogen; possibly also leukocytes. From this place any healing reaction can be amplified.

**Protocol:**

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synopsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. **Note:** It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

### Center No. 10/1 and No. 10/2



The tenth and last center of the induction therapy holds a special position within the entire grid. The activators also have a different position. This center has two different projections, which also have differing indications. The primary focus of both zones had to do with the human intellect. Intellect and language are assigned to both areas. The differences can be found in the medical indications.

#### Indications center 10/1:

Nervous problems due to permanent mental stress situations and overwhelm. Speech and the auditory organ (not only the ear). Spasms and pain of shoulders and arms (brachialgia); degenerative arthritis of the fingers and especially of Bennet's joint. Bronchi, lungs and asthma are further indications. In both centers the medulla oblongata and its related diseases are primary.

#### Indikationen Zentrum 10/2:

Problems of the nervous system, speech and hearing just like in center 10/1. Moreover digestive organ stress, like for instance diarrhea and constipation. In that case the center no. 8 can be used in combination. Gastric ulcers, diseases of liver and gallbladder, connections to the spleen and therefore the combination with center no. 4

This center also has important connections to the medulla oblongata, but there are differences:

Center 10/1 is related to the medulla in regards to stress and thus the solar plexus and has a primary impact on the breath center, which can be found in this part of the medulla.

Center 10/2 has a connection to the heart and circulation center. Depending on the indications the centers 1, 7 or 9 can be used in combination ( but select only one of them !).

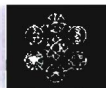
**Protocol:**

The center points of the supraordinate zones I, II, III and IV are treated with the appropriate frequency oscillation of the synapsis point. The sequence has to be absolutely followed: I = beta, II = delta, III = alpha and IV = theta. Afterwards the induction of the rhythms is applied in center 1 in the sequence of the numbers (1 = beta, 2 = delta, 3 = alpha, 4 = theta). After the treatment the therapist can continue with any other necessary therapeutic concept. Note: It is essential to pay attention to the reactions, because they inform us about the underlying dynamic of diseases.

The ten centers of supraordinate regulation influence the rhythmic processes of the different indications and thus open the door to further therapeutic measures.



## SIMPLICITY IS THE MOST EFFECTIVE



The brain waves have shown us what the meaning of natural, harmonic vibration is. If they are overwhelmed by impulses from outside or inside of the body and are disturbed in their original rhythms, then they send us a message - for instance through the sensation of pain or physical and psychological complaints. This call for help is potentially an invitation to rekindle their memory and to assist them in getting "back on track" through the induction of their own vibrational patterns.

Sounds like Science Fiction - don't you think? That is a possibility - but if we consider how many futuristic visions have become reality in the meantime (and are partly already part of the past), then this association is definitely a welcome one. Intuition and fantasy are the prerequisite for new developments. Coupled with traditional knowledge, focused research and empirical evidence they are a way towards a -hopefully - better future. What could truly be better to comprehend symptoms not as a basis for therapy, but as an expression and then to resolve the true cause of a disease through nothing else but impulses, which our own brain has to offer?

Of course we are still very much in the initial stages of this endeavor, but the intensive study of people who have been treated with the different programs keeps giving us clues and ideas about the implementation of new programs. The induction therapy of Esoteric medicine is intended to address the multiple disease states of the human being more and more in the future. Therefore the range of programs is continually being expanded.

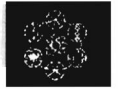
Once we really understand what a chance this therapy is offering us, we shall certainly experience one or the other small miracle, but beyond that there will be a new understanding of health, disease, recovery and life per se.



Of course it is very important to me to keep you informed about all new steps and developments. Literature, lectures and seminars are the best ways of updating and deepening your knowledge of the induction therapy.

Let me say it in the terminology of the induction therapy:

I am pleased about every activator, about every wavelength, which - more or less rhythmically - contributes to the intensification or the exchange of ideas in the arena of Esoteric knowledge or which wants to participate in this knowledge.



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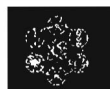
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## LIST OF INDICATIONS

| <b>Indication</b>                                  | <b>Therapy program</b>                                    |
|----------------------------------------------------|-----------------------------------------------------------|
| Abandonment, feeling of . . . . .                  | Children Program 1 alternating with Dream Program         |
| Absences . . . . .                                 | Children Program 1                                        |
| Acne vulgaris . . . . .                            | Children Program 2 and Stress 10 alternately              |
| Activation of stored memory contents . . . . .     | Cerebral Training<br>and Learning Program alternately     |
| Acute conflict stress . . . . .                    | Rest program 2                                            |
| Aggressions . . . . .                              | Sleep Program 2                                           |
| Aggressions (endocrine-autonomic) . . . . .        | Stress 10 Program and Stress X alternately                |
| Allergic diathesis . . . . .                       | Stress X and Children Program 2 alternately               |
| Amenorrhea . . . . .                               | Stress 10 Program                                         |
| Anxiety syndrome . . . . .                         | Sleep Program 2 and Rest Program 2 alternately            |
| Appendicitis tendency . . . . .                    | Stress 10 Program and Children Program 2 alternately      |
| Arteriosclerosis . . . . .                         | Cerebral Training and Degeneration Program alternately    |
| Arthritic-rheumatic symptom complex . . . . .      | Stress A Program and<br>Degeneration Program alternately  |
| Asthma, bronchial . . . . .                        | Stress 10 Program and Children Program 2 alternately      |
| Autoimmune diseases . . . . .                      | Rest Program 2 and Degeneration Program alternately       |
| Back problems . . . . .                            | Stress A Program alternating with Rest Program            |
| Blockages of thought . . . . .                     | Stress A alternating with Cerebral Training               |
| Blocked thinking . . . . .                         | Stress 10 and Awakening Program alternately               |
| Brain activity, stimulation of                     | Cerebral Training                                         |
| Burn out syndrome . . . . .                        | Awakening Program alternating with Sleep Program 2        |
| Cancer, adjuvant therapy . . . . .                 | Stress X and Degeneration Program alternately             |
| Cephalgias . . . . .                               | Stress 11 and Rest Programs alternately                   |
| Cephalgias, due to stress . . . . .                | Rest Program 2                                            |
| Cerebral circulation, increase . . . . .           | Memory Program<br>alternating with Degeneration Program   |
| Children, fears . . . . .                          | Children Program 1 alternating with Children Program 2    |
| Children, phobias . . . . .                        | Children Program 1                                        |
| Children, strengthening the constitution . . . . . | Children Program 1 alternating<br>with Children Program 2 |
| Cholecystopathy . . . . .                          | Stress 10 Program                                         |
| Circulatory problems, functional . . . . .         | Sleep Program 2                                           |
| Circulatory problems, morning . . . . .            | Sleep Program 2                                           |
| Concentration, difficulties . . . . .              | Degeneration Program                                      |
| Concentration, weakness . . . . .                  | Learning Program alternating with Stress X Program        |
| Conflict resolution, general . . . . .             | Dream Program                                             |
| Conflict resolution, specific . . . . .            | Children Program 2 alternating with Dream Program         |

## Indication

## Therapy program

|                                             |                                                                           |
|---------------------------------------------|---------------------------------------------------------------------------|
| Conflict stress                             | rest Program 2 alternating with Sleep Program 2                           |
| Conflict, childhood                         | Children Program 2, Rest Program 1                                        |
| Cryptorchism                                | Stress 10 Program                                                         |
| Degenerative diseases                       | Degeneration Program alternating with Children Program 2                  |
| Depression with anxieties                   | Depression Program 2                                                      |
| Depression with restlessness                | Depression Program 2, Rest Program 2                                      |
| Depression, endocrine                       | Depression Program 3, Rest Program 2                                      |
| Depressions                                 | Depression Program 1 and Awakening Program                                |
| Diabetes mellitus, adjuvant                 | Stress 10 and, Degeneration Program                                       |
| Dietary habits, wrong                       | Sleep Program 1 alternating with Sleep Program 2                          |
| Dysmenorrhea                                | Stress 10 Program                                                         |
| Eczema                                      | Stress 10 Program alternating with Rest Program 2                         |
| Edema                                       | Stress 10 Program                                                         |
| Endocrine - autonomic syndrome              | Depression Program 3<br>alternating with Dream Program                    |
| Enuresis                                    | Children Program 1 and 2 alternately                                      |
| Eosinophilia                                | Stress 10 Program, Degeneration Program                                   |
| Exam anxiety                                | Rest Program 2 alternating with Learning Program                          |
| Exam support                                | Learning Program alternating with Memory Program                          |
| Exhaustion in the morning                   | Awakening Program                                                         |
| Failure, fear of                            | Dream Program 2 alternating with Children Program 2                       |
| Fatigue                                     | Depression Program 11 alternating with Awakening Program                  |
| Fatigue in the morning, insurmountable      | Awakening Program                                                         |
| Feeling of Loneliness                       | Depression Program 1, Awakening Program                                   |
| Forgetfulness                               | Cerebral Training alternating with Memory Program                         |
| Frigidity                                   | Stress 10 Program alternating with Awakening Program                      |
| Headaches                                   | Cerebral Training alternating with Stress A Program,<br>Stress 11 Program |
| Hearing impaired, without physical findings | Cerebral Training<br>alternating with Learning Program                    |
| Heart and circulation problems, symptomatic | Rest Program 1 alternating<br>with Dream Program                          |
| Heart disease                               | Stress 10 Program alternating with Stress X and<br>Degeneration Programs  |
| Hemorrhoids                                 | Stress 10 Program alternating with Degeneration Program 2                 |
| Hopelessness                                | Depression Program 3 alternating with Awakening Program                   |
| Hyper-emotional                             | Rest Program 1 alternating with Rest Program 2                            |
| Hypotony                                    | Awakening Program alternating with Stress 10 Program                      |
| Immune Deficiency Syndrome                  | Children Program 1 and 2 alternately                                      |
| Immune tonification, prophylactic           | Stress 10 Program                                                         |
| Immune weakness                             | Stress X Program, Degeneration Program                                    |

## Indication

## Therapy program

|                                                                                           |                                                         |
|-------------------------------------------------------------------------------------------|---------------------------------------------------------|
| Impotence                                                                                 | Stress 10 Program alternating with Awakening Program    |
| Indifference                                                                              | Depression Program alternating with Awakening Program   |
| Infections, prone to                                                                      | Stress X Program                                        |
| Inferiority complex                                                                       | Children Program 2 alternating with Rest program 1      |
| Insomnia, difficulty falling asleep due to exam                                           | Sleep Program 2 alternating with Dream Program          |
| Insomnia, falling asleep                                                                  | Sleep Program 1                                         |
| Insomnia, sleeping through the night                                                      | Sleep Program 1                                         |
| Intellectual alertness                                                                    | Cerebral Training alternating with Learning Program     |
| Intestinal problems                                                                       | Rest Programs 1 and 2 alternately, Dream Program        |
| Joint pains in the morning                                                                | Sleep Program 2                                         |
| Lab values, increased                                                                     | Rest Program 1                                          |
| Lack of motivation                                                                        | Sleep Program 1 alternating with Dream Program          |
| Laterality disturbances                                                                   | Children Program 2                                      |
| Learning difficulties                                                                     | Children program 2                                      |
| Learning problems                                                                         | Learning Program alternating with Memory Program        |
| Learning weakness                                                                         | Learning Program alternating with Cerebral Training     |
| Libido disturbances                                                                       | Stress 10 Program                                       |
| Lung emphysema                                                                            | Stress 10 Program                                       |
| Lymphatic diathesis                                                                       | Stress X Program alternating with Children Program 2    |
| Lymphatic diseases                                                                        | Children Program 1 alternating with Children Program 2  |
| Manic depressive neuroses                                                                 | Stress 10 Program alternating with Dream Program        |
| Manic phases                                                                              | Rest Program 1 alternating with Rest Program 2          |
| Memory gaps                                                                               | Cerebral Training alternating with Learning Program     |
| Memory training                                                                           | Cerebral Training alternating with Memory Program       |
| Menopausal moodswings, depression                                                         | Depression Program 3 alternating with Awakening Program |
| Menstruation problems                                                                     | Rest Program 1 alternating with Stress 10 Program       |
| Mental overwork                                                                           | Sleep Program 1 alternating with Dream Program          |
| Migraine                                                                                  | Stress 11 Program                                       |
| Migraine, any etiology, also as adjuvant with clinically manifest causes ( except tumors) | Stress 11 Program alternating with Degeneration Program |
| Migraine, endocrine                                                                       | Stress 10 Program alternating with Rest Program 2       |
| Muscle tremor                                                                             | Children Program alternating with Degeneration Program  |
| Mycoses                                                                                   | Stress X Program alternating with Degeneration Program  |
| Myomata                                                                                   | Stress 10 Program, Children Program 2                   |
| Navel colics of children                                                                  | Stress 11 Program alternating with Children Program 2   |
| Neck pain                                                                                 | Rest Program 1                                          |
| Neck pain with involvement of the arms                                                    | Stress X Program alternating with Dream Program 2       |



PETER MANDEL, born in 1941, is the founder of the Energy Emission Analysis (EEA) diagnostic system and of Colorpuncture. He is a wellknown figure in natural medicine as a result of many articles that have appeared in scientific periodicals, as well as through the books he has authored: Energy Emission Analysis, Acu-Impulse-Therapy and the Practical Compendium of Colorpuncture.

He studies Acupuncture in Hong Kong and India, and in 1975 he founded the Mandel Institute for Esogetic Medicine in Bruchsal.

For many years he has been working intensively in researching informative energies and in the development of related diagnostic systems and therapies. With the discovery of the energetic Transmitter Relays in 1987 an important building block was added to the revolutionary therapeutic model he has named Esogetic Medicine.

The further development of healing systems based on his Esogetic Model will be the focal point of Peter Mandel's work in the future.

