





No matter what imbalances, complaints and diseases are encountered in a person, we can always apply the black crystal activator to three positions.

Directly below the 7th cervical vertebra. Peter Mandel calls this area the "zone of attachment", and this is, where we carry the cross, which we have acquired in our past. Many irregularities, burdens and diseases originate from here.

Duration of application 5 minutes.

1. Afterwards we are looking for a zone on the spine, which is found opposite the halfway point on a line between the tip of the sternum and the navel. This is where I have positioned the "Esogetic life point" many years ago.

Duration of application 5 minutes.

The third position relates to the middle of the sacrum. These are the reflex areas of the coordination organs of the brain and also of the urinary bladder segment, which is considered to be the "territory of the individfual". Moreover we find reflexes of the endocrine glands and the lymph drainage from the head.

Duration of application 5 minutes.

The application of the crystal activator is independent from other indicated treatments.